

MN-DONA/LTC Spring Connection and Annual Meeting

Thursday, May 2, 2019

We have renamed our Annual Spring Conference to Spring Connection and changed it to just one day, in hopes this allows you more opportunity to attend the event. We are also very excited to be inviting Nurse Leaders along with DON's, ADON's, and AL Skilled Nursing Leaders.

The Spring Connection Committee has arranged great speakers to provide us with insights and relevant information needed for our daily work.

We hope this conference offers you the opportunity to share the day with other nurse leaders in your organization and spend the day learning as a team. MN-DONA is pleased that you, as nurse leaders, who provide the full spectrum of elder care, can join us!

On Wednesday, we will begin our program with a networking reception from 6pm-9pm at the Radisson Hotel located at 2540 N Cleveland Ave, Roseville, MN 55113. This event is sponsored by Guardian Pharmacy, Northwest Respiratory, Pathway Health Services, Prime Time Healthcare, and Thrifty White Pharmacy. We appreciate the sponsorship of this event to give us time to relax and connect.

On Thursday you will start the day with Doug Beardsley from Care Providers who will share survey trends in LTC and AL. You will also have the opportunity to choose from several other sessions on Phase 3, AL Competencies, Time Management, AL Panel, LTC Panel, and Middle Management.

Our keynote speaker is Gary Berg who will present on Simple Truths.

The Spring Connection Committee looks forward to seeing you on May 1st and 2nd!

MN-DONA Spring Connection Committee

Megan Ludwig, Chair

Lisa Bahr

Jenna Kamphenkel

Jess Line-Borash

Jesse Noska

Kristine Rogers

Candace Trondson



Spring Connection 2019 is Here!

SCHEDULE OF EVENTS

Wednesday, May 1, 2019

6:00 p.m. - 8:00 p.m. **Registration**

6:00 p.m. - 9:00 p.m.

Social Networking Reception

Radisson Hotel

2540 N Cleveland Ave

Roseville, MN 55113

Sponsored by:

Guardian Pharmacy

Northwest Respiratory Services

Pathway Health Services

Prime Time Healthcare

Thrifty White Pharmacy



Thursday, May 2, 2019

7:00 a.m. - 9:00 a.m. **Continental Breakfast**

7:00 a.m. - 12:45 p.m. **Registration and Annual Meeting Registration** (South Lobby, U of M Cont. Ed. Center)

8:00 a.m. - 9:30 a.m. **Survey Issues**

Doug Beardley, *Vice President of Member Services, Care Providers of MN*

Unfortunately, a significant part of a Director of Nursing's job is regulatory compliance in clinical areas. This session will focus on common survey findings, new trends in Immediate Jeopardy and "Double G" survey determinations, increasing CMP fines, upcoming CMS Phase III requirements, and more. It may not be an uplifting way to start your morning, but it certainly will be relevant to your leadership responsibilities!

9:30 a.m. - 9:45 a.m. **Break**

9:45 a.m. - 10:45 a.m. **Phase 3**

Karolee Alexander, *RN, RAC-CT, Director of Clinical & Reimbursement Consulting, Pathway Health*

Purposeful Preparation for Phase 3

This session will provide the participant with helpful information to prepare for implementing Phase 3 regulations related to the State Operations Appendix PP for long term care. While it may seem that the first two phases included the most work, Phase 3 includes comprehensive programmatic changes that will require extensive training for staff members. Join us for this information packed session to help prioritize the next steps for compliance!

9:45 a.m. - 10:45 a.m. **AL Competencies**

Heidi LaMayer, *Nurse Consultant, Advanced Health Institute (AHI)*

Discussion on AL Competencies to include a general discussion, 30-day supervision of delegated tasks, tracking mechanisms, treatments and best practice solutions for training. Also includes outcomes at survey for gaps in compliance and resources available.

9:45 a.m. - 10:45 a.m. **Managing Me (Time Management)**

Art Hill, *Professor, University of Minnesota*

Most people struggle keeping up with the flood of "stuff" in their world (e-mails, phone calls, meetings, reports, and commitments) that far exceed their mental and emotional capacities. As a result of this flood, they lose track of their goals and experience stress, worry, and guilt – and are far less productive than they could be. The Managing Me (MM) workshop takes the latest research about personal productivity, makes it practical, and creates an engaging experience that helps people apply the life-changing principles. MM teaches six foundational skills that people need to succeed in today's knowledge intensive world. People who develop these six skills will be more focused on the right priorities, meet their commitments more faithfully, have a greater sense of accomplishment about both personal and professional goals, improve relationships at home and work, reduce stress, worry, and guilt, be healthier emotionally, mentally, and physically -- and get more "good things" done. The MM seminar is supported by a 15-minute on-line Managing Me skill assessment survey. This assessment can be found at <http://tinyurl.com/hcgcb78>. Professor Hill provides a 22-page benchmark report to all respondents.

SCHEDULE OF EVENTS

10:45 a.m. - 11:00 a.m. **Break**

11:00 a.m. - 12:00 p.m. **Assisted Living Panel**

Lisa Bahr, RN, DON, LNHA, Program Manager and Consultant,
Zellner Senior Health Consulting

Kari Everson, RN, MSN, DON, LNHA, Program Manager & Consultant,
Zellner Senior Health Consulting

Jesse Noska, RN, DON, Regional Quality RN, Edgewood Healthcare

In this session the panel will talk about Operational outcomes and expectations of the Assisted Living Administrator and DON with a discussion of the survey process, correction orders and stipulation agreements, then will end with an open discussion and Q & A session.

11:00 a.m. - 12:00 p.m. **Long Term Care Panel**

Greg Wainman, RN, DON, Lyngblomsten Care Center

Brenda Johnson, RN, BSN, LNHA, Administrator, Lyngblomsten Care Center

Melissa Sharp, RN, DNS-CT, RAC-CT, DON, Redeemer Health and Rehab Center

In this session the panel will talk about Operational outcomes and expectations of the Skilled Nursing Facility Administrator and DON Discussion of the survey process, new CMS RoP, then will end with an open discussion and Q & A session.

11:00 a.m. - 12:00 p.m. **Management Challenges, Options, Strategies and Success**

Rob Rodè, Attorney, Partner, Voight Rodè & Boxeth, LLC

Rebecca Coffin, Attorney, Partner, Voight Rodè & Boxeth, LLC

Attorneys Rob Rodè and Rebecca Coffin will discuss management obligations in investigating employee complaints, and how to address problematic employee behavior through employee counseling and personnel and client file documentation. The session will also review vulnerable adult and OHFC reporting and investigation obligations including how to conduct an impartial investigation with employees and residents/clients, and strategies and best practices in working with the State and law enforcement. We will present case scenarios for investigating employee matters and resident/client matters.

12:00 p.m. - 12:45 p.m. **Lunch**

12:45 p.m. - 1:30 p.m. **MN-DONA/LTC Annual Meeting**

1:30 p.m. - 1:45 p.m. **Break**

1:45 p.m. - 3:00 p.m. **Simple Truths**

Gary Berg, Professional Speaker, glberg Entertainment

Simple Truths in the Workplace and in Life! challenges all participants to consciously examine their day to day activities and thoughts so they can tweak and change habits to be happier, smarter and healthier. This is done by examining some “simple truths” that can get us to think outside our normal ways to realize things we might be able to improve on that we are not consciously aware of but are very capable of doing.



MN-DONA Fall Conference

October 9-11, 2019

Breezy Point Resort



Accreditation

Application has been made to the Minnesota Board of Examiners for Nursing Home Administrators for 4.25 clock and contact hours.

Accommodations

If you need overnight accommodations, please contact Radisson Hotel Minneapolis/St. Paul North directly at 800-333-3333 and mention **Minnesota Directors of Nursing Administration** or go to www.radisson.com/mndona enter **Roseville, MN, May 1st-2nd, Promotional Code under 'Select Room Type' and type in MNDONA.** Reservations must be made by **April 1, 2019.** The negotiated group rate is **\$119** single/double occupancy + 10.375% tax. Complimentary self parking. Visit their website at <https://www.radisson.com> for more information on the hotel. Radisson Hotel is located at 2540 N Cleveland Ave, Roseville, MN 55113.

Registration/Cancellations

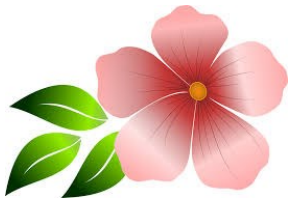
Please see the registration form on page 5 for a listing of the conference fees. Your registration includes all the educational programs, materials, breakfast, lunch and reception. Your registration does not include the \$10.00 parking fee at the University of MN Continuing Education campus.

Non-Members: To receive the best value, pay the member rate for the conference by signing up for MN-DONA membership on the conference registration form and include your dues payment with your registration fee. As a special thank you for your membership, you will receive **\$10** off the regular yearly membership fee and will pay only **\$115** in dues. The benefits of membership are numerous! Please access the MN-DONA website at www.mndona.org for a complete benefits listing.

Cancellations and No-shows: Written notice of cancellation of your conference registration must be received by **April 17, 2019.** A \$30 administrative fee will be charged and the balance will be refunded following the conference. Cancellations should be emailed to cathy@bestmeetings.com. **Registered attendees that did not pay the registration cost before the conference and are no-shows will be billed the full amount of registration.**

If the survey team arrives at your facility the week of the Conference, your full registration fee will be reimbursed after the conference.

**Questions can be addressed to 800-958-8875 or 952-858-8875
or via email at info@mndona.org**



SPRING CONNECTION 2019 REGISTRATION



Full Name: _____

Preferred First Name on Badge if different than above: _____

Job Title: _____ **MN-DONA District:** _____

Company: _____

Address: _____

City/ State/ Zip _____ **Cell:** _____

Email Address: _____ **Work Phone:** _____

Please indicate any special needs (dietary, access, etc.): _____

Is this your first time attending MN-DONA's Spring Conference/Connection? Yes / No

Are you an Assisted Living RN in a leadership position? Yes / No

Are you planning on attending the Reception the evening of May 1st? Yes / No

Are you attending the MN-DONA Annual Meeting on May 2, 2019? Yes / No

Please check which concurrent sessions you plan to attend, one for each time slot.

Thurs, May 2, 9:45 a.m. - 10:45 a.m. | Thurs, May 2, 11:00 a.m. - 12:00 p.m.

___ 1 - Phase 3

___ 4 - AL Panel

___ 2 - AL Competencies

___ 5 - LTC Panel

___ 3 - Managing Me (Time Management)

___ 6 - Management Challenges, Options, Strategies and Success

Please check which type of registration:

Early Bird (on or before March 31st): _____ **Member \$115** _____ **Non-Member \$145**

I would like to join MN-DONA and pay the member rate for the conference. I have included the discounted membership fee of \$115 with my registration for a total payment of \$230. _____ Yes _____ No

Late Registration (after March 31st): _____ **Member \$140** _____ **Non-Member \$170**

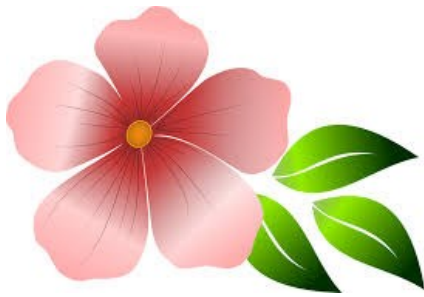
I would like to join MN-DONA and pay the member rate for the conference. I have included the discounted membership fee of \$115 with my registration for a total payment of \$255. _____ Yes _____ No

If paying by credit card please register online at www.mndona.org or call Cathy four days after you've mailed your form at 952-858-8875/800-958-8875 and she will take your credit card payment by phone.

Questions...800-958-8875/952-858-8875 or info@mndona.org

Mail or fax this form along with payment by April 24, 2019 or register on-line at the MN-DONA website www.mndona.org.

**MN-DONA/LTC
2626 E 82nd St., Suite 270
Bloomington, MN 55425
Fax 952-858-8950**



Thanks to Our Sponsors

Thrifty White Pharmacy Services (Gold)

Elim Preferred Services (Silver)

Sterling LTC Pharmacy (Silver)

Acadia Pharmaceuticals (Bronze)

Guardian Pharmacy (Bronze)

LeadingAge MN (Bronze)

McKesson Medical - Surgical (Bronze)

Pathway Health (Bronze)

**Also a special thank you to our
Networking Reception Sponsors:**

Guardian Pharmacy

Northwest Respiratory Services

Pathway Health

Prime Time Healthcare

Thrifty White Pharmacy

**MN-DONA/LTC
Spring Connection
and
Annual Meeting**

May 2, 2019

**U of M Continuing Education
and Conference Center
1890 Buford Ave, Suite 280
St. Paul, Minnesota 55108**



**May 2, 2019
U of M Cont. Education
and Conference Center
St. Paul, MN**



**MN-DONA/LTC
Spring Connection &
Annual Meeting
266 East 82nd Street, Suite 270
Bloomington, MN 55425**