

## **BENEFITS OF JOINING MN-DONA**

#### **Testimonials**

Since becoming a member of MN-DONA as a new LTC DON, I have found such a valuable source of support and wealth of resources through other members. I have been inspired by the level of dedication and commitment among those I have met not only to the facilities at which they work, but also to the network of Directors of Nursing and the desire to push our industry further in order to do the best for those in our care. The district meetings are a valuable local network, and the MN-DONA conferences in the Spring and Fall have so many opportunities for quality learning and connection with others including industry vendors. Becoming active on a MN-DONA committee and the board has only further enhanced what I have gained from my membership and what I can bring back to aid my facility. A few personal favorite annual activities include the ways in which MN-DONA gives back to its members with Educational Scholarships during the Fall Conference and the Personal Balance scholarships at the Spring Conference. I would encourage all Directors of Nursing in Minnesota to take advantage of all the benefits membership has to offer.

-Jen Fitch, RN, DON, Andrew Residence, Minneapolis, MN and 2019/2020 President

I have been a member of MN-DONA for almost 10 years, I became a member when I was the ADON of a long-term care facility and found out immediately how wonderful it was to get to know other ADON's and DON's who were struggling with the same issues, it was nice to know that I was not in this alone, that I could call anyone of my peers and get support or ideas. The education opportunities are outstanding at both our fall and spring conferences. I firmly believe that we all grow from others and from helping others. I have in the past 2 years transitioned to assisted living as a Clinical Administrator, this is an area that is growing quickly and changing at such a rapid speed I do not know how any of us could navigate this without supporting each other. We are a family of caregivers that need support to care for our staff in order for them to care for the residents we all serve, without MN-DONA I don't believe that I would be as effective at my position or been able to endure the ups and downs for the past 9 years. We all need support at one point and we all have support we can share, MN-DONA is a great organization to give and receive that support.

-Lori Angell, BSN, Clinical Administrator, The Farmstead of Andover MN

## Membership

- Membership is over 270 strong. MN-DONA is represented on the Minnesota Medical Directors Association; Leading Age of Minnesota Board; MDH Commissioner's LTC Issues Ad Hoc Committee; Minnesota Center for Nursing; Care Providers of Minnesota Regulatory Committee; APIC MN (Association for Professionals in Infection Control and Epidemiology); Stratis Nursing Home and Home Health Stakeholders; MDH's Electronic Health Record Work Group and the University of Minnesota School of Nursing.
- One of the greatest values MN-DONA members experience is networking. There is a generous and open sharing of information in all aspects of Long Term Care, including product information, survey results, nursing management and budget control.
- MN-DONA members who desire more active involvement may serve on committees: Scholarship/Education; Publicity/Membership; Legislative; Finance/Auditing; Constitution/Bylaws; Nominating; and Spring Conference.
- Each year MN-DONA sponsors a Spring and Fall conference dedicated to the professional and educational development of Directors and Assistant Directors of Nursing in Long Term Care. Scholarships are awarded at the conferences to advance education and support nurses in Long Term Care.

MN-DONA's website (<u>www.mndona.org</u>) provides up-to-date information on MN-DONA/LTC including: a calendar of events, legislative issues, Board member contact information, the constitution/bylaws, committee information/policies, a list-serve (a forum for members to ask questions and seek ideas), membership application, favorite forms, programs and policies, MN-DONA Sponsors, and links to many vital information sites DONs/ADONs need to quickly access!

### **Networking**

- MN-DONA is an organization dedicated to developing and promoting statewide networking of long-term care Nursing Directors.
- MN-DONA provides liaisons to the Minnesota Medical Directors Association; Leading Age of Minnesota Board; MDH Commissioner's LTC Issues Ad Hoc Committee; Minnesota Center for Nursing; Care Providers of Minnesota Regulatory Committee; APIC MN (Association for Professionals in Infection Control and Epidemiology); Stratis Nursing Home and Home Health Stakeholders; MDH's Electronic Health Record Work Group and the University of Minnesota School of Nursing.
- ❖ A forum for members to ask questions and seek ideas is available to all members on MN-DONA's website.
- ❖ District meetings held around the state provide opportunities for members to meet with DONs and ADONs in their respective areas to discuss current issues and share concerns.

#### Voice

- MN-DONA is the voice of long term care Nursing Administrators speaking to the issues concerning the delivery of nursing care in long term care facilities.
- MN-DONA is a voice to the legislature and the industry on a state and national level.
- MN-DONA promotes collaboration with other associations involved in long term care on a state and national level.

#### **Education**

- ❖ MN-DONA provides scholarships for advanced nursing education to MN-DONA members and their nursing staff.
- The Spring Connection and Fall Conference are dedicated to the professional and educational development of Directors of Nursing and Nurse Managers in long term care.

#### **Publications**

- \* Regular membership mailings with current membership information.
- MN-DONA produces a bi-yearly newsletter with current district happenings and articles of interest to long term care.

# **Participant Comments from MN-DONA Conferences**

- Speakers were excellent best ever!
- Speakers were great this year. They offered very timely information.
- Great! Loved the two days!
- Another great conference! (My 5th one!)
- ❖ I like the way the annual meeting was done easy to follow and good presentations.
- ❖ I don't know how I would survive as a DON without the support of my MN-DONA peers.