

SPECIAL POINTS OF INTEREST:

- Personal Balance Application
- District Reports
- MN-DONA Calendar
- MN-DONA Call for Nominations

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MN-DONA FOCUS

VOL 10, ISSUE 1

JANUARY 2021

Letter from the President

MN-DONA Membership,

We are still here. We are tired but still brining our strength. Our state, like the nation, has been through some of the worst of times, we have had loss, and we have celebrated wins when our residents and employees have conquered COVID. The look of our front lines has changed, but what lies in our hearts to provide care and advocate for the best for those in our care remains the same. What also remains the same is the mission of MN-DONA, though our work has seen tremendous changes our vision is the same to promote excellence in the leadership of long term care in our state. Our networking is still strong though the look of it is different than what we once knew, and we miss the old, while we have no choice but to also venture into the new. It is there for us. As the seasons bring change, so is it with our MN-DONA board, as I will transition to the role of Advisor to the board following the completion of my term as your Board President. It has been truly an honor to be a part of this great community in this capacity and I have learned much from so many of you and will carry the gift of those connections always. The strength of this association lies within each of your unique skills and abilities that you share with one another and our industry partners. Stay tuned to updates for on-line offerings we are currently planning to keep us all connected and up to date. You're doing a good job – a really good job. Take care and keep up the good work.



Gratefully,
Jen Fitch
MN-DONA Board President

Jen Fitch DON,
MN-DONA President
DON Andrew Residence
Mpls, MN 55404
jpl@andrewres.com
612.367.8589

CLASSIFIEDS

NEW POSTING!

MN-DONA Board Positions Available starting May 2021

Treasurer
District Director 1
District Director 3
District Director 5
District Director 7

Please see pages 7-10 of the newsletter and/or visit the MN-DONA website for more information.

HELP WANTED

Committee Members

Immediate part-time opening for energetic, creative people that like to help serve others. No experience required!

Responsibilities include but not limited to: communication and involvement with the chairperson via emails and conference calls.

HELP WANTED

MN-DONA Liaisons:

We are looking for liaisons to other partner organizations so we are in the know! Liaison positions that are open are:

- Antipsychotic Group

Responsibilities include: Attending meetings and bringing information to MN-DONA.

Make sure to
like us on
Facebook!



Spring Connection

Unfortunately the Board of Directors has decided to cancel Spring Connection this year due to the responses on the surveys we received back and the circumstances of our world with COVID-19.

APIC Liaison Report

I have been contacted by Hennepin Co Public Health and they want to assist SNF during the pandemic with development of IP resources and toolkits. If you can think of anything that would be of assistance please reach out to Linn Warnke aislinn.warnke@hennepin.us and she can provide you with more information.

If you have any questions for myself or any other IPs in LTC or need guidance please feel free to contact me and I will do my best to assist.

Stay well and safe!

Candace Trondson, RN
Assistant Director of Nursing
P: 651-632-5389

APIC MN 2021 Basic Infection Prevention Course

APIC MN is continuing their Basic Infection Prevention Courses. They are held at the Carpenter's Union Hall in St Paul, MN. They consist of a two-day interactive course that will offer a comprehensive foundation for professionals specializing in infection prevention in all settings of health care including: Acute Care, Ambulatory Care, Home Care, Long Term Care, Public Health, Quality Improvement, and Occupational Health.

They are offered April 15-16 and November 4-5 this year.

For more information and to register go to:

<http://community.apic.org/minnesota/meetings/mnbip>

Fall Conference

Save the date!

October 6th - 8th, 2021

**Breezy Point Resort
Breezy Point, MN**

MN-DONA Membership

How does your membership benefit you?

You get:

- The bi-annual edition of *Focus* (MN-DONA's online newsletter emailed to members).
- Access to the MN-DONA website (www.MNDONA.org).
- Educational programs at the Spring Connection and Fall Conference.
- Scholarship opportunities (Educational and Personal Balance).
- District meetings held around the state to meet with DONs and ADONs in your area to discuss current issues.
- Liaisons to organizations like: Minnesota Medical Directors Association, LeadingAge of Minnesota Board of Directors, Care Providers of Minnesota Regulatory Affairs, Stratis, APIC MN, Minnesota Center for Nursing, and the University of Minnesota School of Nursing.
- And much more!



Personal Balance Scholarship

Just a reminder...

We all need a break and to focus on our wellness from time to time.

MN-DONA offers us a chance to win a scholarship to do just that!

We need to make sure we stay well so that we are better able to take care of our residents, our staff and our families.

If you have an interest in applying for the
Personal Balance Scholarship
please look on our website and watch your e-mail soon
or ask your District Representative.



MN-DONA 2021

District 1
Meeting



District 2
Meeting



District 3



Meeting

District 4



Meeting

District 5



Meeting

District 6



Meeting

District 7



Meeting

Board Meeting



Board Retreat



Spring
Connection



Fall Conference



Newsletter
Deadline



LeadingAge
MN



Care Providers



January						
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District I

Meeting Schedule:

Second Thursday of every other odd month at The Deuce Bar and Grill in Erskine at 12 p.m.

Diane Grove
District I Director

District one Continues to have on hold our in-person district 1 meetings during this pandemic for safety and also everyone is extremely busy. With the Vaccines coming out hopefully we will have a face-to-face mtg soon. Our District meetings are the second Thursday of every other month 12:00 at The Deuce Bar and Grill in Erskine. Next tentative meeting will be March 11th at 12 pm. The last meeting, we had was the virtual fall conference. We had a lot of discussion about how we are all managing COVID. Networking between all the facilities during this difficult time continues to be amazing.

Diane Grove, RN

District II



Holly Moore
District II Director

Meeting Schedule:

Monthly meetings are the 1st Thursday of every other even month starting at 9:30am. Locations vary.

Lori Roers
District III Director

District III



District IV

Meeting Schedule:

First Wednesday of every month at Old Chicago, 4040 2nd St S, St. Cloud at noon.

District 4 continues to meet via Zoom every other week. We continue to discuss how things are going in our facilities, share best practices, and support each other through these challenging times. I encourage you to reach out if you don't receive the Zoom link and I will share with you. The more that attend the better we can all stay connected and help one another. Looking forward to when we can return to meeting in person monthly!

Please contact me with any questions regarding our meetings.

- megan.ludwig@hilltophealthcc.com
(320)764-1504



Megan Ludwig
District IV Director

District V

District V Director
Open Position

District VI

Meeting Schedule:

Second Wednesday of every other odd month at the Pizza Ranch in Mankato at noon.



Angela Stevens
District Director

District VII

District VII Director
Open Position

MN-DONA Scholarship Committee-

Thank you so much for selecting me as a Scholarship recipient. It will go towards expenses for my DNP degree.

Keili Brunder

I very much appreciate receiving the Scholarship award of \$500. This will help so much as I continue my nursing education!

Thanks,

Amanda Cooper

MN-DONA,
Thank you so much for choosing to give me the \$1,000 scholarship. I have worked in longterm care for many years and just love it. I will put this scholarship money towards my next semester in RN school.
Thanks so much once again!

Alexia Wangen



MN-DONA Needs You!!

In 2021 five officers on the MN-DONA Board will be up for election at Spring Connection. We would like to invite you to consider running for one of the following offices or nominate someone you believe would be a good representative for MN-DONA:

Treasurer
District I Representative
District III Representative
District V Representative
District VII Representative

[CLICK HERE](#) to nominate yourself or another member.

Four Conference Calls per year and Six Face-to-Face Meetings (One during Spring Conference and One during Fall Conference).



Testimonials:

- Being the Recording Secretary has allowed me to become closer to a lot more MN-DONA Members.
- I also enjoy the chance to help others just coming into the field or position, I firmly believe that we all grow from others and from helping others.

Lori Angell, Clinical Administrator at The Farmstead of Andover, Recording Secretary 2017-2019

[CLICK HERE](#) to nominate yourself or another member.

- Being active on the MN-DONA Board has further enhanced what I have gained from my membership and what I can bring back to my facility.

Jen Fitch, DON at Andrew Residence,
President 2019-2021

Eligibility:

- Current member of MN-DONA/LTC
- Actively employed as a DON/ADON/RN in a LTC or AL Leadership Position

Terms:

- District Representative - 2 years
- Recording Secretary - 2 years
- Corresponding Secretary - 2 years

[CLICK HERE](#) to nominate yourself
or another member.



Duties of the Officers:

- District Representative
 - Acting Liaison between local district members and the Board of Directors
- Treasurer
 - Keeps records of all money received and expended by the organization
 - Gives financial reports at all Board Meetings
 - Is a member of the Executive Committee and Finance Committee

[CLICK HERE](#) to nominate yourself
or another member.

Welcome New Members

MN-DONA would like to welcome the following new members who

First Name	Last Name	Job Title	Company	City	District
Joanna	Bergs	RN	Ecumen	Hutchinson	6
Stacy	Christenson	DON	Parkview Home	Belview	5
Amanda	Ciszak	DON	Lake Winona Manor-Winona Health	Winona	6
Sandy	Delgehausen	DON	Cassia	Minneapolis	7
Laura	Dulle	National Interim Dir. of Nursing Services	Good Samaritan Society	Sioux Falls	5
Michelle	Erickson	Director of Nursing	Cook Care Center	Angora	2
Ashley	Green	DON	Cokato Charitable Trust	Annandale	5
Mary	Helmbrecht	RN , Float Nursing Administrator	Villa Healthcare- Floating DON	Maple Grove	7
Cindy	Kaehler	Director of Nursing	Sauer Health Care	Winona	6
Jane	Klocker	DHS	Ebenzer	Cannon Falls	6
Brooke	Loge	DON	Heartland Senior Living/Parkview	Blue Earth	6
Angella	Mathison	DON	Warroad Care Center, Inc.	Warroad	1
Karla	Ness	D.O.N.	Fair Meadow	Fertile	1
Chastity	Peterson	DON	St. John's Lutheran Comm. - The Woodlands	Albert Lea	6
Dallas	Starke	DON	Ecumen Pathstone Living	Mankato	6

WELCOME

Renewing Members

MN-DONA would like to thank the following members who renewed their membership between the months of July 2020- December 2020.

First Name	Last Name	Job Title	Company	City	District
Nancy	Adams	RN Senior Consultant	Senior Care Solutions	Battle Lake	3
Kari	Armstrong	DON	Glenwood Village Care Center	Glenwood	3
Felicia	Athey	DON	Fairway View Neighborhoods	Ortonville	5
Kelli	Bronder	ADON	Annandale Care Center	Annandale	4
Deb	Buker	RN, DON	Bethany on the Lake	Parkers Prairie	3
Lyndsey	Callahan	DON	Northfield Care Center	Northfield	6
Jennifer	Capra	DON	Sunnyside Health Care Center	Hermantown	2
Dawn	Christensen	DNS	Tuff Memorial Home	Sioux Falls	5
Dee	Erbe-Shea	ADON	Samaritan Bethany Home on Eighth	St. Charles	6
Mandy	Fenske	DON	Valley View Health Care & Rehab	Rushford	6
Darci	Fiala	RN-BC, DNS	Providence Place	North Branch	7
Kayla	Frame	DON	Green Pine Acres	Menahga	4

Continuing Renewing Members

First Name	Last Name	Job Title	Company	City	District
Heather	Fredrickson	DON	Northfield Hospital	Dundas	6
Rachel	Gessner	DON	Mapleton Community Home	Mapleton	6
Marilyn	Grafstrom	DON	Warroad Care Center, Inc.	Roseau	1
Megan	Gruska	DON	Assumption Home	Rockville	4
Verla	Halland	RN, Retired		Storden	6
Irmadene	Hanson	Leadership Trainer & Success Coach	Straight Up Leadership	Parkers Prairie	3
Lynn	Hasselius	DON	Shakopee Friendship Manor HCC	Belle Plaine	7
Melissa	Heesch	Exec VP of Operations	Eventide Corporate Office	Christine	3
Melissa	Hoglund	DON	Augustana Care	Duluth	2
Kimberly	Hose	DON	Sleepy Eye Care Center	Sleepy Eye	6
Holly	Jablonski		St. Clare Living Community of Mora	Mora	4
Amber	Jacobs	DON	Thorne Crest Senior Living Community	Alden	6
Kathy	Kleen	DON	Mille Lacs Health System LTC	Wahkon	4
Phillip	Kreber	Clinical Resource Nurse	Jones-Harrison Residence	Minneapolis	7
Leah	Lee	DON	Halstad Living Center	Twin Valley	3
Stacy	Lind	DON	Minneapolis Veterans Home	Plymouth	7
Vickie	Loesch		Annandale Health and Community Services	Kimball	4
Megan	Ludwig	DON	Hilltop Healthcare Center	Richmond	4
Phyllis	Malenke	ADON	MN Veterans Home	Burnsville	7
Sara	McCormick	DON	Aicota Health Care Center	Aitkin	4
Kirsten	McGowan	Assistant Admin/DON	Auburn Home in Waconia	Delano	7
Sheila	Miller	DON	Cuyuna Regional Medical Center	Crosby	4
Deborah	Morell	DON	Essentia Health Virginia Care Center	Hibbing	2
Bryon	Nelsen	DON	Lakeview Health Services	Armstrong	6
Heather	Nelson	DON	MN Veterans Home - Fergus Falls	Rothsay	3
Elsa	Niska	DON	Lakeside Health Care	Cokato	4
Kris	Odagwe	Clinical Administrator	Presbyterian Homes Corporate Office	Brooklyn Park	7
Bridget	Okeson	DON	Ecumen Detroit Lakes	Detroit Lakes	3
Lori	Olson	RN, DON	Sunnyside Care Center	Lake Park	3
Jennifer	Parker	RN, Leadership Team, Director of Care, Club Suites	Bethesda	Belview	5
Jody	Pautzke	DON	St. John's Lutheran Home	Mountain Lake	6
Laurie	Peniska	DON	Browns Valley Health Center	Wilmot	3
Renae	Peterson	RN, Nurse Consultant	Good Samaritan Society	Albert Lea	6
Teresa	Platz	RN Supervisor	MN Veterans Home - Fergus Falls	Fergus Falls	3
Shelley	Pletcher	DNS	Good Samaritan Society	Dassel	4
Alicia	Rask	DON	Essentia Health Oak Crossings	West Fargo	3
Amanda	Rickbeil	DON	Central Todd County Care Center	Clarissa	4
Lori	Roers	DON	St. Williams Living Center	Parkers Prairie	3

Thank You!

Thank You!

Continuing Renewing Members

First Name	Last Name	Job Title	Company	City	District
Caroline	Schauer	Clinical Director	MN Dept of Veterans Affairs-Healthcare	Rosemount	7
Jeanne	Schulz	DNS	Bethany Good Samaritan	Cambridge	4
Jill	Smith	DON	Mount Olivet Careview Home	Chaska	7
Cynthia	Sutherland	DON	Mille Lacs Long Term Care	Elk River	4
Laura	Swenson	DHS	Charter House-Mayo Clinic	Rochester	6
Megan	Tande	DON	Farmington Health Services	Farmington	7
Amanda	Thorson	DON	Carris Health Care Center	Willmar	5
Carolyn	Ulrich	Nurse Administrator	St. Gertrude's Health & Rehab Center	Savage	7
DeDe	Welin	ADON	Mount Olivet Careview Home	Savage	7
Elaine	Wieser	DON	St. Johns Lutheran Community	Albert Lea	6
Rita	Winters	RNC, MPH, Ph.D, Retired		Alexandria	3
Mechelle	Zima	RN, BSN, DON	Mahnomen Health Center	Waubun	1

Between the months of July 2020- December 2020.

Renewing Assisted Living Members

First Name	Last Name	Job Title	Company	City	District
Laura	DeLage	Home Care Director	Fair Meadow	Crookston	1
Mitch	Ejnik	DON	Appleton Area Health Services	Appleton	5
Tammy	Esping	DON	Minneota Manor Health Care Center	Minnesota	5
Kassandra	Eull	DON	Family Tree Homes LLC	St. Michael	4
Dawn	Huelsman	VP of LTC Svcs, DON	Granite Falls Municipal Manor	Sacred Heart	5
Shana	Lanctot	RN Director	Oak Crest Senior Housing	Spring Lake Park	1
Carrie	Lenander	Clinical Services Director	Edgewood May Creek	Walker	4
Julie	Manley-Hartje	RN, BC, Owner	Garden Court Chateau	Bovey	2
Tyler	McGlynn	Administrator	Bethany Assisted Living	Lengby	1
Jesse	Noska	Regional Nursing Director	Edgewood Healthcare	Browerville	4
Margo	Paplow	Regional Nurse Consultant	Ecumen Home Office	Truman	6
Lanisha	Pojanowski	DON	Horizon Health Svcs - Harmony House	Brainerd	4
Michael	Pyan	DHS	Sleepy Eye Area Home Health	New Ulm	6
Gudrid	Steinkraus-	RN, DON/DNS	Birchwood Care Home	Minneapolis	7
Candace	Trondson	ADON	Lyngblomsten Care Center	Prior Lake	7
Tanya	Weiderman	DON	Oak Ridge Place	River Falls	7
Pam	Wolling	RN, Clinical Administrator/DON	Harmony River Living Center	Hector	6





GET INVOLVED IN THE FUTURE OF MN-DONA!

COMMITTEE INTEREST APPLICATION

Become involved in your future and that of your association! Now is the time to indicate your interest by volunteering to serve as a MN-DONA leader on a committee.

As a MN-DONA leader, you are offered the unique opportunity to actively network with your peers and make recommendations to the Board of Directors, which in turn develops policy for more than 296 members. Service in a leadership capacity means sharing your time, ideas and expertise to better MN-DONA. Don't pass up this exciting chance for volunteer involvement!

Descriptions of committees are provided on the back of this form.

Typically, MN-DONA committees meet three times per year – once in conjunction with the Fall Conference, once in conjunction with the Annual Meeting and again in July. Please complete this form if you would like to join a committee.

Name: _____

Title: _____

Company: _____

Complete Address: _____

Telephone: (Business) _____ Telephone: (Home) _____

Fax Number: _____ Email: _____

I would like to contribute to MN-DONA by serving as a member of the following committee(s):
(If more than one, please list in order of preference).

1. _____

2. _____

3. _____

4. _____

Return this form to:

MN-DONA
c/o Best Meetings, Inc.
2626 E. 82nd St., Suite 270
Bloomington, MN 55425
952.858.8875 or 800.958.8875
Fax: 952.858.8950



MN-DONA COMMITTEE OPPORTUNITIES

Nominating Committee: The Nominating Committee shall serve the membership body by soliciting and securing candidates for offices and District Directors as needed and outlined in this Constitution, preparing and presenting the ballot to the members prior to the annual meeting.

Constitution/Bylaws Committee: The Constitution/Bylaws Committee shall draw up, word and prepare any and all amendments to the existing Constitution and Bylaws.

Scholarship/Education Committee: The Scholarship/Education Committee shall study the feasibility and appropriateness of all scholarships, participate in certification of the Director of Nursing as well as promote long term care curriculum development. The committee will administer and award all available scholarships. This committee will recommend to the Executive Committee expenditures for the education development of all members.

Legislative Committee: The Legislative Committee shall report to the membership at the annual meeting regarding legislative efforts promoted by this organization as outlined in the objectives (Article II) of the MN-DONA Constitution and ByLaws, and they shall endeavor to keep the membership body informed of matters of legislation pertaining to long term care.

Publicity/Membership Committee: The Publicity/Membership Committee shall endeavor to promote the organization by way of all public and industry media. Copies of all such endeavors shall be placed in the organization scrapbook. This committee shall promote membership of the organization.

Finance Committee: The Finance Committee shall be responsible for the preparation of a budget for the fiscal year and for submitting it to the organization at its general membership meeting for approval.

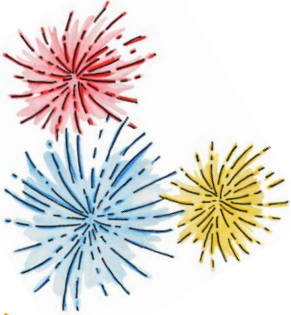
Fall Conference Committee: The Fall Conference Committee is exempt from guidelines specified in Article VIII of the MN-DONA Constitution and ByLaws. The purpose of this committee is to plan and coordinate the Fall Conference for the educational development of nursing management in long term care. The committee is comprised of District 3 MN-DONA members.

Spring Connection Committee: The purpose of this committee is to plan and coordinate the Spring Connection for the educational development of nursing management in long term care.

Gold Sponsors

Thrifty White Pharmacy Services

Brad Phillips
6055 Nathan Lane N., Suite 200
Plymouth, MN 55442
P: 763.513.4394
F: 763.248.7638
bphillips@thriftywhite.com
www.thriftywhite.com



Bronze Sponsors

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Dan Lane
5331 Ivanhoe St
Duluth, MN 55804
P: 218.591.9446
dlane@acadia-pharm.com

ARKRAY

Chris Leitz
5182 W 76th St
Minneapolis, MN 55439
P: 952.646.3223
leitzc@arkrayusa.com

Guardian Pharmacy

Mark Boe
940 Industrial Drive S STE 102
Saulk Rapids, MN 56379
P: 320.257.8758 F: 320.230.1051
mark.boe@guardianpharmacy.net

LeadingAge Minnesota

Gayle Kvenvold
2550 University Ave W, Suite 350S
St. Paul, MN 55114
P: 651.603.3500 F: 651.645.0002
gkvenvold@leadingagemn.org

McKesson Medical-Surgical

Brenda Goldenstein
19106 Carson St. NW
Elk River, MN 55330
P: 800.328.8111 x57057
Brenda.goldenstein@mckesson.com

{special}
THANKS
to our sponsors

Copper Sponsors

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14947 River Crossing
Savage, MN 55378
P: 612.240.1909
robert01@a-plusmedical.com

DermaRite Industries LLC

Barbara Byers
7777 West Side Ave
North Bergen, NJ 07047
P: 973.569.9000
bbyers@dermarite.com

DTN Staffing

Billie Stanton
1200 Collins Ave
Mandan, ND 58554
P: 701.667.2884
bbyers@dermarite.com

Northwest Respiratory Services

Mark Badenhoff
716 Prior Ave N
St. Paul, MN 55104
P: 651.603.8720
mbadenhoff@nwrespiratory.com

Pharmerica

Rachel Bailey
805 N Whittington Pkwy
Louisville, KY 40222
P: 304.488.4749

Sterling LTC Pharmacy

Karmen Barnes
1601 State Ave NW
Owatonna, MN 55060
P: 877.224.0084
askltc@sterlingltcrx.com

Stratus Health

Kristen Wergin
2901 Metro Dr, Suite 400
Bloomington, MN 55425
P: 952.853.8561
kwergin@stratushealth.org

Patron Sponsor

St. Croix Hospice

Chris Hood
7200 Hudson Blvd, Suite 100
Oakdale, MN 55128
P: 651.283.9271 F: 651.735.0155
chood@stcroixhospice.com

{special}
THANKS
to our sponsors

MN-DONA 2020
Board of Directors, Committee Chairs &
Office Contact information

VOL 10,

Board of Directors

President: Jennifer Fitch
jp1@andrewres.com

W: 612.367.8166

President-Elect: Kristine Rogers
kr Rogers@lyngblomsten.org

W: 651.632.5304

Recording Secretary: Jennifer Stromlund
jennifers@oaklandparktrf.com

C: 218.688.0101

Corresponding Secretary: Nancy Adams
rn56515@yahoo.com

C: 763.213.6422

Treasurer: Kari Armstrong
kari.armstrong@grvillage.org

C: 320-424-1106

District I Director: Diane Grove
diane.grove@bhshealth.org

C: 218.289.1647

District II Director: Holly Moore
hollymoore@ecumen.org

C: 218.259.9798

District III Director: Lori Roers
lori@stwilliamslivingcenter.com

W: 218.338.1009

District IV Director: Megan Ludwig
megan.ludwig@hilltophealthcare.com

C: 320.493.4352

District V Director: Open Position

District VI Director: Angela Stevens
angelastevens@ecumen.org

W: 507.385.4343

District VII Director: Open Position

Advisor: Jennifer Parker
jenny.parker@bethesda-willmar.com

C: 507.430.0740

Committees

Constitution/Bylaws: Kari Armstrong
kari.armstrong@grvillage.org

C: 320-424-1106

Fall Conference: Nola Smith
nolas@galeonmn.com

W: 320.859.6233

Finance: Kari Armstrong
kari.armstrong@grvillage.org

C: 320-424-1106

Legislative: Angela Stevens
angelastevens@ecumen.org

W: 507.385.4343

Nominating: Jennifer Stromlund
jennifers@oaklandparktrf.com

C: 218.688.0101

Spring Conference: Megan Ludwig
megan.ludwig@hilltophealthcare.com

W: 320.764.1504

Scholarship/Education: Diane Grove
diane.grove@bhshealth.org

C: 218.281.9702

Publicity/Membership: Jesse Noska
jessenoska@gmail.com

W: 218.828.3691

MN-DONA Office

2626 E 82nd St, Suite 270
Bloomington MN 55425
Phone: 952.858.8875/800.958.8875
Fax: 952.858.8950
www.MN-DONA.org

Staff Contacts:
Administration/Conferences
jim@bestmeetings.com

IT
jim@bestmeetings.com

Membership/Sponsors
jim@bestmeetings.com

Newsletter
deanna@bestmeetings.com

Committees/Conferences
deanna@bestmeetings.com

C: 612.747.4714