

MN-DONA FOCUS



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JULY 2022

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Letter from the President

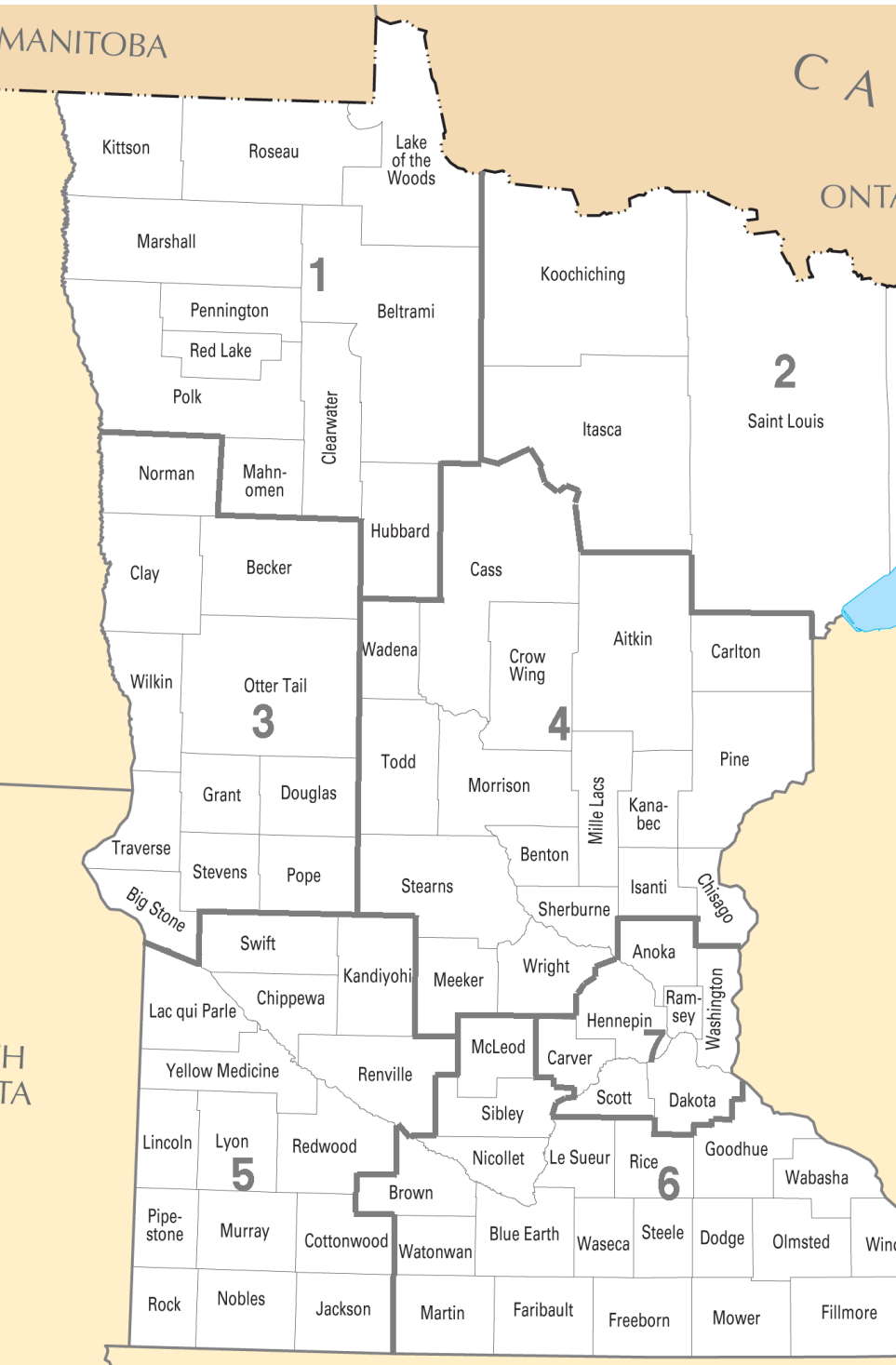
Hello MN-DONA members,

Hoping the summer is bringing you fresh breezes, warm sunshine, bright flowers, and lots of time doing what brings you joy! We all deserve a good summer. I want to say it has been so good to see so many of you at the Fall Conference and just recently the Spring Connection. MN-DONA is stronger when we are together in person, sharing stories, and laughter. I encourage each of you to become active in your districts, by participating in the district meetings. These meetings are where we share recent updates for MDH, and CMS, discuss what the surveyors are focusing on, and sharing information with each other, to help us improve. But probably the thing I take away from each district meeting I attend, is that I am not alone, others are going through the same trials and tribulations. The support we extend to each other can not be measured.

The MN-DONA board is working to keep MN-DONA strong. Our goal is to grow our membership in both in SNF and AL. We are working on planning bi-annual Webinars in-between our two conferences. Now that COVID seems to be lessening, we are hopeful that this will allow our members to participate in our district meetings, and conferences. As MN-DONA members, if you can think of things we can offer, or ways we can increase our membership, please reach out to one of the board members. This newsletter has a map of Minnesota, with the name and contact for each district representative, and information on when each district meets. Please take a look and consider participating, you will not be disappointed. Again, I wish all of you a wonderful and safe summer. Stay strong.

Kristine Rogers Assistant Director of Nursing

MN-DONA DISTRICT MAP



President - Kristine Rogers
Lyngblomsten - St Paul
KRogers@Lyngblomsten.org



District 1 - Mechelle Zima
Mahnomen Health Center
Mechelle.zima@sanfordhealth.org
Meeting: Second Thurs of every odd month at Noon. Deuce in Erskine, MN



District 2 - Holly Moore
Grand Village - Grand Rapids
hollymoore@ecumen.org
Meeting: Contact Holly Moore



District 3 - Open - Heather Nelson (Interim)
Minnesota Veterans Home Fergus Falls
heather.nelson@state.mn.us
Meeting: 1st Thurs of the month on Zoom



District 4 - Patty Anderson
Green Pine Acres - Menahga
panderson@greenwoodconnections.com
Meeting: 1st Wed of the Month on Zoom



District 5 - Holly Mellendorf
Avera Morningside Heights
Holly.mellendorf@avera.org
Meeting: Last Tuesday of the month at 2 pm on Zoom.



District 6 - Angela Stevens
Ecumen Pathstone Living - Mankato
angelastevens@ecumen.org
Meeting: 2nd Wed every odd month at the Pizza Ranch in Mankato at 12pm.



District 7 - Gabby Lee
live4loveofself@yahoo.com
Meeting: 1st Wednesday of the month at 7:30 am on Zoom



Fall Conference

October 5-7, 2022

Keynotes/Breakout Sessions

Sessions Subject To Change

- Panel:** What Would You Do?
Breakout Sessions: AL MDH Survey; LTC MDH Survey
OHFC Hot Topics; Suicide Prevention
Keynotes on Friday: Difficult Employees and Families; Survivor Way

Scholarships, DON of the Year

We will again be awarding scholarships and the DON of the Year Award, please contact us to apply for a scholarship or nominate someone for the award.
Documents available at MN-DONA.org

Take A Chance On Education

This is a fundraiser for nursing education scholarships. Attendees and exhibitors are encouraged to donate an item for the table and then buy a ticket(s) for a chance to win! Examples of donations include a themed basket, candles, jewelry, homemade items, etc. If you would like to donate, please bring your item to the registration on Wednesday.
There are \$1000 in scholarships being awarded this year from the 2021 raffle.



Evening Entertainment

John Cosgrove The String Showdown

Comedy Trivia Night! Dueling Strings!

COVID-19 Policy

Proof of vaccination or a negative Covid test is required for attendance.
Masks will be required in public indoor spaces during the event except while actively eating or drinking. Full Policy listed on mndona.org

MN-DONA Membership Benefits

How does your membership benefit you?

Focus, MN-DONA's online newsletter emailed to members.

Discounted rate for educational programs at the Spring Connection and Fall Conference.

Access to the MN-DONA website (www.MNDONA.org).

Scholarship opportunities (Educational and Personal Balance).

District meetings held around the state to meet with DONs and ADONs in your area to discuss current issues.

Liaisons to organizations including: MN Medical Directors Association, LeadingAge of MN, Care Providers of MN, Stratis Health, APIC MN, MN Center for Nursing, and the U of MN School of Nursing.

And more!

**Go to MNDONA.org for a calendar of events
and more ways to get involved!**

Hello District I,

I am the representative for our region and a member of the board for MN DONA. As a board member, we are currently working on increasing our MN DONA numbers in both Assisted Livings and Nursing Homes so that we can provide a resource for all of you. We want to make sure that you are supported in these positions and have a way to reach out to peers to help find solutions or to share your stories.

Things have been challenging to say the least with staffing challenges, COVID-19 and this year with the storms in both winter and summer!!! These things have had a huge impact on all of us. The Minnesota Department of Health has been brutal as well. Let's get together, talk about our challenges, and see what things we are all doing to deal with these difficult trials. This is our time to learn new ways, gather support and just be heard.

I am excited to be moving back to in-person meetings. Our next one is scheduled for Thursday, August 11. We will hold them every other 2nd Thursday of the month, unless there is a conference that month, in which case we will meet at the conference.

Take Care and Thanks for All You Do!!
Mechelle Zima

Hello District IV!!

I am Patty Anderson, DON for Greenwood Connections in Menahga, and your District IV representative! I am so excited to be a part of a dynamic group of nurses whose mission is to strengthen our members through engagement, enlightenment, and a sense of community.

I am planning our first meeting as your representative July 28 at 11:00 am. This first meeting is to introduce myself, my goals for our district and for MN-DONA at large. Please mark your calendars as I am excited to get to know each of you. Please feel free to reach out to me if you have any questions, concerns, or ideas on how we can increase our numbers and strengthen MN-DONA. My email is panderson@greenwoodconnections.com, and my cell number is (218) 539-0134. Looking forward to meeting all of you!

Hello MN-DONA members,

Hi my name is Lori Roers and I am the DON at St Williams Living Center in Parkers Prairie which is in District 3. I am currently fulfilling the MN-DONA Treasury position vacated by Kari Armstrong. I am working with Kristine our MN-DONA President as well as the budget committee to learn about our financial situation and the duties of being the treasurer. We had a meeting scheduled to finalize the budget on July 18th and a full Board meeting to approve the 2022-2023 budget to follow. We are also discussing changing our fiscal year from July 1st to January 1st as this will make it easier to develop and understand the budget going forward. I will keep you posted on these results. Our website and member emails are finally being updated so communication with you all will improve. Remember if anyone has ideas or concerns please contact any of our board members.

Hopefully everyone is enjoying this beautiful summer weather as we know it probably won't last and fall will be here before we know it. It feels like the changes in all our lives since the beginning of this pandemic has slowly improved. One thing that has been better this past year, we were able to see each other in person at the 2021 Fall Conference and this past May at the Spring Connection in St Cloud. MN-DONA is so much more an asset for us when we are able to network with each other in person or at least by Zoom. To attend our district meetings is so important because it is our time to share how we are making sure to be compliant with recent updates from MDH and CMS, we discuss who had a recent survey or case mix visit and what they are focusing on, and sometimes just to vent about our staffing issues or etc.

The feeling of not being alone and realizing you have a support system who understands is priceless. The support we can give to each other helps us to do our jobs with a more determined attitude and is so useful if we need new ideas or policies, etc. If you know of a new DON/Nursing Leader, please let them know about the value of joining MN-DONA. We love new members!!

I am also on the Fall Conference Committee and want to remind you all to save the date. The Fall Conference will again be at Breezy Point Oct 5-7th, 2022. The agenda of speakers and entertainment this year looks awesome!!

Hope to see you all there.

My contact email is lori@stwilliamslivingcenter.com

Fall Conference- we are currently finalizing the details for our event on October 5-7, 2022 at Breezy Point Resort. There will be several breakout sessions offered that will be tailored to Assisted Living, Long Term Care, and leadership along with entertainment for the whole group.

District 3 DON's/AL Directors are welcome to attend our meetings which are held the first Thursday of every month at 9am. We have currently been getting together via Zoom meetings and would like to meet in person very soon. Our meetings focus on sharing successes, struggles, asking questions, and sharing policies/procedures. We encourage new members to attend to share new ideas, survey results, and best practices.

Our next meeting will be August 4th at 9am.

District 3 is looking for a new district representative as I have accepted the President elect position. This is a very rewarding position that gets you involved with the MN-DONA Board and is excellent networking with other leaders in LTC and AL.

Please contact me with any questions regarding our meetings.

Heather.Nelson@state.mn.us or 218-321-2537.

Heather Nelson
Director of Nursing
Fergus Falls Veterans Home
1821 North Park Street
Fergus Falls, MN 56537

Hi District VI!

Summer appears to be coming and going quickly! I hope that you are all taking some time to enjoy the summer and find some joy in the Minnesota heat!

The last couple of years have had trying times and our industry was hit especially hard with limitations that impacted our residents, families, and team members. YOU and your dedication to your work made the lives of those around you the best that they could be under varying circumstances. Thank you for each of those days that were (and continue to be) stressful and yet some days blessed. We will remain united to provide care to those that we serve and the lives that we impact.

We plan to meet in person every other month on the 2nd Wednesday at Pizza Ranch in Mankato at 12pm. Next meeting will be September 14th.

Thank you for all that you do!
Angela Stevens



Nancy Adams
 Donnie Anderson
 Jana Anderson
 Patricia Anderson
 Kari Armstrong
 Felicia Athey
 Ashley Bachman
 Kimberly Bachtle
 Jacquelyn Barber
 Catie Barsness
 Anita Bendickson
 Joanna Bergs
 Sara Blechinger
 Britni Bolstad
 Nancy Brainard
 Dawn Bratlien
 Chrissy Brenna
 Jessica Brouwer
 Katie Brunner
 Deb Buker
 Cassie Carey
 Dawn Christensen
 Stacy Christenson
 Danielle Churness
 Amanda Ciszak
 Carrie Colbenson
 Sara Colby
 Annie Cordes
 Karie Cronin
 Starlette Cummings
 Antonia Dahlin
 Jessica Davenport
 Wendy Decknatel
 Laura DeLage
 Kelly Doherty
 Sandy Dougherty
 Christina Dunn
 Mitch Einik
 Michelle Erickson
 Tammy Esping
 Cassandra Eull
 Naomi Evans

Kari Everson
 Katie Fadell-Mann
 Donna Felkey
 Brenda Ferguson
 Jennifer Fitch
 Jessica Fox
 Kayla Frame
 Carla Frantz
 Vicki Fulton
 Nyssa Gafkjen
 Lee George
 Jessica Gier
 Marilyn Grafstrom
 Stacey Grenier
 Rachel Greve
 Diane Grove
 Melissa Gruette
 Megan Gruska
 Tina Haak
 Verla Halland
 Christina Hanson
 Corina Hanson
 Shannon Hanson
 Lynn Hasselius
 Melissa Heesch
 Valerie Heintz
 Jenna Hemstock
 Kathryn Hendrickson
 Angelica Hight
 Laurie Hildebrandt
 Virginia Hoheisel
 Stacey Holstad
 Sheila Honl
 Kelly Honstad
 Tricia Hove
 Dodie Howe
 Dawn Huelsman
 Hope Huus
 Shelly Hyland
 Barbara Hylle
 Robin Janousek
 Kimberly Jibben
 Lisa Johnson
 Gina Jones
 Stephanie Juhl
 Laura Junker
 Cindy Kaehler
 Diana Karlstad
 Sarah Keller
 Kim Klingfus
 Matt Knipschild
 Kendra Koep
 Ishmael Komara
 Phillip Kreber
 Shana Lanctot

Gabrielle Lee
 Leah Lee
 Suzanne Lenz
 Stacy Lind
 Stacy Line
 Megan Lintner
 Brenda Long
 Barb Louis
 Jim Louis
 Megan Ludwig
 Laura Lutgens
 Phylis Malenke
 Julie Ann Manley-Hartje
 Barbara Marlow
 Angella Mathison
 Tyler McGlynn
 Kirsten McGowan
 Holly Mellendorf
 LaVonne Merten
 Mary Middleton
 Relindis Moffor
 Holly Moore
 Cheryl Nash
 Bryon Nelsen
 Heather Nelson
 Karla Ness
 Ashley Nicholson
 Elsa Niska
 Jennifer Nogosek
 Rebecca Norsworthy
 Jesse Noska
 Laurie O'Laughlin
 Kris Odagwe
 Cheryl Olson
 Lori Olson
 Israel Omariba
 Madisen Osland
 Katie Paine-Santos
 Jennifer Parker
 Kyle Parr
 Jody Pautzke
 Kris Payne
 Jacquelyn Pearson
 Laurie Peniska
 Lori Peno
 Patricia Perryman
 Carol Peters
 Chastity Peterson
 Marianne Peterson
 Renae Peterson
 Paula Plank
 Teresa Platz
 Shelley Pletcher
 Rachel Poidinger
 Jacque Portz
 Quinn Potz

Madisen Pries
 Kim Putz
 Alicia Rask
 Cheryl Rasmussen
 Emily Rasmussen
 Amanda Rickbeil
 Emily Ritter
 Anne Roberts
 Nicole Robinson
 Kristine Rogers
 Nicole Rupp
 Pamela Sailer
 Mona Salazar
 Kari Salzer
 Mary Jane Sandelin-Woods
 Kathi Schmidt
 Sarah Schmit
 Dawn Skow
 Rebecca Slacter- Pobanz
 Patricia Smedstad
 Nola Smith
 Dallas Starke
 Cari Steinhibel
 Gudrid Steinkraus-Brown
 Shelly Stensgard
 Angela Stevens
 Jackie Stockwell
 Gabrielle Studier
 Marilyn Sundquist
 Cynthia Sutherland
 Jessica Sweazey
 Cindy Swenson
 Laura Swenson
 Megan Tande
 Rachelle Theis
 Betsy Theriault
 Sarah Thode
 Amanda Thorson
 Katie Tidwell
 Lorie Tjaden
 Candace Trondson
 Lynnette Tschida
 Karen Turner
 Lisa Udy
 Nonnie Veeder
 Michele Verbrugge
 Lisa Vikerman
 Lindsey Waldof
 Peggy Wangen
 Jennifer Warnke
 DeDe Welin
 Casey Wespthal
 Julie Wiita
 Rita Winters
 Pam Wolling
 Marta Yakovleva
 Joanne Youngblom

MN-DONA COMMITTEE OPPORTUNITIES

Nominating Committee: The Nominating Committee shall serve the membership body by soliciting and securing candidates for offices and District Directors as needed and outlined in this Constitution, preparing and presenting the ballot to the members prior to the annual meeting.

Constitution/Bylaws Committee: The Constitution/Bylaws Committee shall draw up, word and prepare any and all amendments to the existing Constitution and Bylaws.

Scholarship/Education Committee: The Scholarship/Education Committee shall study the feasibility and appropriateness of all scholarships, participate in certification of the Director of Nursing as well as promote long term care curriculum development. The committee will administer and award all available scholarships. This committee will recommend to the Executive Committee expenditures for the education development of all members.

Legislative Committee: The Legislative Committee shall report to the membership at the annual meeting regarding legislative efforts promoted by this organization as outlined in the objectives (Article II) of the MN-DONA Constitution and ByLaws, and they shall endeavor to keep the membership body informed of matters of legislation pertaining to long term care.

Publicity/Membership Committee: The Publicity/Membership Committee shall endeavor to promote the organization by way of all public and industry media. Copies of all such endeavors shall be placed in the organization scrapbook. This committee shall promote membership of the organization.

Finance Committee: The Finance Committee shall be responsible for the preparation of a budget for the fiscal year and for submitting it to the organization at its general membership meeting for approval.

Fall Conference Committee: The purpose of this committee is to plan and coordinate the Fall Conference for the educational development of nursing management in long term care. The committee is comprised of District 3 MN-DONA members.

Spring Connection Committee: The purpose of this committee is to plan and coordinate the Spring Connection for the educational development of nursing management in long term care.

GET INVOLVED IN THE FUTURE OF MN-DONA!

Committee Interest Application

Become involved in your future and that of your association! Now is the time to indicate your interest by volunteering to serve as a MN-DONA leader on a committee.

As a MN-DONA leader, you are offered the unique opportunity to actively network with your peers and make recommendations to the Board of Directors, which in turn develops policy for 200+ members. Service in a leadership capacity means sharing your time, ideas and expertise to better MN-DONA. Don't pass up this exciting chance for volunteer involvement!

Descriptions of committees are provided on the previous page.

Typically, MN-DONA committees meet one to three times per year – once in conjunction with the Fall Conference and as needed throughout the year.

Please complete this form if you would like to join a committee.

Name _____

Title _____

Company _____

Complete Address _____

Phone (Cell) _____ Phone (Other) _____

Email: _____

**I would like to contribute to MN-DONA by serving as a member of the following committee(s):
(If more than one, please list in order of preference).**

1. _____

2. _____

3. _____

4. _____

Return this form to the address below or email it to jim@bestmeetings.com

MN-DONA
c/o Best Meetings, Inc.

2626 E. 82nd St., Suite 270
Bloomington, MN 55425
952.858.8875 or 800.958.8875

GOLD SPONSOR

Thrifty White Pharmacy Services

Emily Quicksell

6701 Evenstad Dr Ste 100

Maple Grove, MN 55369

763.513.4394

equicksell@thriftywhite.com

SILVER SPONSOR

Elim Preferred Services

James Letich

3500 Holly Lane #30

Plymouth, MN 55447

763.550.9486

jletich@me.com

BRONZE SPONSORS

ACADIA Pharmacy

Dan Lane

5331 Ivanhoe St

Duluth, MN 55804

218.591.9446

dlane@acadia-pharm.com

Guardian Pharmacy

Mark Boe

940 Industrial Drive S STE 102

Saulk Rapids, MN 56379

320.257.8758

mark.boe@guardianpharmacy.net

LeadingAge Minnesota

Kari Everson

2550 University Ave W, Ste 350S

St. Paul, MN 55114

651.603.3502

keverson@leadingagemn.org

McKesson Medical-Surgical

Brenda Goldenstein

19106 Carson St. NW

Elk River, MN 55330

800.328.8111 x 57057

Brenda.goldenstein@mckesson.com

Lotus Pharmacy

Jill Lytwyn

10980 1st Ave N

Plymouth MN 55441

612.425.9145

jlytwyn@lotuspharmacy.com

Copper Sponsors

A-Plus Medical Equipment Sales and Service

Robert DenHartog
Savage, MN
612.240.1909
robert01@a-plusmedical.com

Alixarx

Karen Knock
Savage, MN
612.709.5880
karen.knock@alixarx.com

DermaRite Industries LLC

Barbara Byers
North Bergen, NJ
973.569.9000
bbyers@dermarite.com

DTN Staffing

Billie Stanton
Mandan, ND
701.667.2884
billie@dtnstaffing.com

Essity HMS

Tammy Anderson
White Bear Lake, MN
651.260.6489
tammy.anderson@essity.com

In House Senior Services

Christine Cornell
Richfield, MN
507.951.3607
ccornell@inhss.com

HPC Premier

Scott Deden
Minneapolis, MN
507.951.3607
sdeden1@fairview.org

Northwest Respiratory Services

Mark Badenhoff
St. Paul, MN
651.603.8720
mbadenhoff@nwrespiratory.com

Pathway Health

Teckla Johnson
Lake Elmo, MN
651.407.8699
teckla.johnson@pathwayhealth.com

Peerlytics

Christina Haeg
Shoreview, MN
651.472.6949
christinahaeg@peerlytics.org

Pharmerica

Rachel Bailey
Louisville, KY
304.488.4749
rachel.bailey@pharmerica.com

See Me, Inc.

Margie Herdich
Minneapolis, MN
866.733.6323
kwerigin@stratishealth.org

Senior Care Solutions

Stacy Jones
Stillwater, MN
651.260.5989
stacy.jones@srcaresolutions.net

Sterling LTC Pharmacy

Karmen Barnes
Owatonna, MN
877.224.0084
askltc@sterlingltx.com

Stratis Health

Kristen Wergin
Bloomington, MN
952.853.8561
kwerigin@stratishealth.org

Patrons

St. Croix Hospice

Chris Hood
Oakdale, MN
651.283.9271
chood@stcroixhospice.com

Custom Medical Solutions

Paul Bussey
Brooklyn Park, MN
952.913.5930
pbussey@custommedicalsolutions.com

Voigt, Rode & Boxeth, LLC

Amanda Stutz
Saint Paul, MN
651.209.6160
astutz@vrb-law.com

MN-DONA 2022

Board of Directors, Committee Chairs & Office Contact information

Board of Directors

President: Kristine Rogers
krogers@lyngblomsten.org
W: 651.632.5304

President-Elect: Heather Nelson
heather.nelson@state.mn.us
W: 218.770.9577

Recording Secretary: Open!
Email Kristine Rogers if interested

Corresponding Secretary:
Jennifer Stromlund
jennifers@eldercaremn.com
C: 218.688.0101

Treasurer: Lori Roers
lori@stwilliamslivingcenter.com
C: 320.815.1714

District I Director: Mechelle Zima
Mechelle.zima@sanfordhealth.org
C: 218.473.3061

District II: Holly Moore
hollymoore@ecumen.org
C: 218.259.9798

District III: Open!
Email Kristine Rogers if interested

District IV : Patty Anderson
Panderson@greenwoodconnections.com
W: 218.564.4101 ext 110

District V: Holly Mellendorf
Holly.mellendorf@avera.org
W: 507.537.9122

District VI: Angela Stevens
angelastevens@ecumen.org
W: 507.385.4343

District VII: Gabrielle Lee
live4loveofself@yahoo.com

Committee Chairs

Constitution/Bylaws:
Patty Anderson
Panderson@greenwoodconnections.com
W: 218.564.4101 ext 110

Fall Conference: Nola Smith
revjohnrsmith@gmail.com

Finance: Lori Roers
lori@stwilliamslivingcenter.com
C: 320.815.1714

Legislative: Angela Stevens
angelastevens@ecumen.org
W: 507.385.4343

Nominating: Open

Scholarship/Education: Open

Publicity/Membership: Open

MN-DONA Office

2626 E 82nd St, Suite 270
Bloomington MN 55425
P: 952.858.8875/800.958.8875
www.MNDONA.org

Staff Contacts:
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jim@bestmeetings.com

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jim@bestmeetings.com

Newsletter
sarah@bestmeetings.com

Committees/Conferences
jim@bestmeetings.com