

40th MN-DONA Fall Conference
Oct 11-13, 2023
Breezy Point Resort, MN

Wednesday, October 11

10:45am Registration Opens

11:00am – 12:00pm Committee Meetings

12:00 pm – 12:15 pm First Timers Orientation

12:30 pm – 1:45 pm (AL/SNF) Mental Health/PTSD/Trauma Informed - 1.25 CEU
Dr. Tim Peterson, Rural Psychiatry

This session will include discussions regarding trauma informed care in LTC settings and mental health of Long Term Care staff and residents. Participants will be taught how to recognize resident exposure to personal or historic trauma and adapt and identify strategies to personalize the care regimen.

2:00 pm – 3:30 pm Alcohol/Substance Use/Edibles - 1.5 CEU - Rob Rode and Kari Everson (LeadingAge MN)

When the new Assisted Living statutes and rules became effective in August 2021 the process for facility-initiated transfers, discharges, and contract terminations and non-renewals became more complex and difficult for assisted living organizations. This has only been confounded by much misinformation from various sources in the community. These processes become more manageable with a working knowledge of the statutory requirements and understanding of the provider's options.

3:40pm – 4:40pm District Meetings - 1 CEU

4:30pm - 6:00pm Exhibits Open (34 exhibits out of 56 registered as of 8/3/2023)

6:00pm - 7:30pm Wednesday Night Dinner, DON of the Year Award, and Scholarships

7:30pm - 11:30pm DJ and Photo Booth sponsored by Senior Care Solutions, Custom Medical Solutions, and Guardian Pharmacy

8:30pm LeadingAge MN Cabin Party sponsored by McKesson Medical-Surgical

Thursday, October 12

9:00am - 10:15am Breakout Sessions

1. MDS Update – Colleen Toebe, Pathway Health - 1.25 CEU

This informational session will be on balancing the changes and challenges affecting long term care. The year 2023 will be remembered by the monumental regulatory changes directly affecting the long-term care organizations. Transformational changes include: the end of the public health emergency, the implementation of an updated resident assessment instrument focusing on social determinants of health (SDOH), enhancements to the Five Star Quality Program, and new measure added to both the quality reporting program and value-based purchasing.

2. Mental Health of Staff/Residents – Dr. Tim Peterson – 1.25 CEU

Course description to come

10:15am- 11:45am Exhibits Open, Mimosa/Bloody Mary bar sponsored by Sterling LTC Pharmacy and AHI

(Continued...)

Thurs. Oct. 12 cont.

11:45am to 1:00pm Breakout Sessions

1. SNF ICAR – Enhanced Barrier Precautions (MDH) - Tammy Hale - 1.25 CEU

This session will explore infection prevention and control efforts to reduce the spread of multidrug-resist organisms (MDROs). An important intervention to decrease resident risk of becoming colonized or developing an infection includes Enhanced Barrier Precautions (EBP). Measures to ensure proper implementation of EBP include staff education, resources, supplies and auditing of adherence and will be outlined.

2. AL Termination and Discharges - Rob Rode & Kari Everson - 1.25 CEU

Apparently you can't spell healthcare without "THC" or "ETOH". Effectively dealing with resident alcohol use and abuse remains a frequent issue we all face. With the governor's signature, cannabis use, possession, and home cultivation by Minnesotans 21 and older became legal on August 1. Legalization of recreational cannabis and cannabis products creates clinical, operational, and legal questions for healthcare organizations. Our settings are faced with navigating complex situations often with differing medical, personal, and ethical opinions. Knowing how we can respond to questions and concerns and navigate potential safety and compliance issues will help us work with residents, families, and staff in supporting successful individualized resident care.

1pm Lunch

1pm-5:30pm Break

2pm-3pm Bracelet-making activity

5:30pm Reception

6:00pm-7:30pm Take a Chance on Education raffle and President's Speech

9:00pm-1:00am Karaoke sponsored by St. Croix Hospice, Handi Medical and Essity/TENA

Friday, October 13

9:00am- 10:15am (AL & SNF) Difference between Guardians, Medical Power of Attorney, etc.

Marit Peterson - 1.25 CEU

Course description to come

10:30 - 11:45 – Breakout Sessions

1. MDH SNF Survey - Sarah Grebenc 1.25 CEU

Nursing Home Survey Updates

2. MDH AL Survey - Daphne Ponds and Amy Hyers 1.25 CEU

Assisted Living Survey Updates

11:45am Event ends

CEUs total: 8.75 (Pending approval by BELTSS)