

40TH ANNUAL MN-DONA

Lakes Area Directors of Nursing

FALL CONFERENCE

Breezy Point Resort

Oct 11-13, 2023



The MN-DONA Fall Conference is a great opportunity to network with nurse leaders throughout Minnesota as well as exhibiting companies, learn best practices in the industry, obtain your CEUs, and “have some fun at da lake”!

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Take a Chance on Education Raffle

Proceeds from tickets fund nursing education scholarships in 2024!

Attendees/exhibitors are encouraged to donate an item for the raffle, or to give online and we will buy items for it. If you would like to donate an item please bring it to the registration on Wednesday. There are \$1500 in educational scholarships being awarded this year from the 2022 raffle, plus the Jean Cosgriff Scholarship.

First timer orientation

Wednesday 12pm-12:15pm

Come to this if it's your first time at the Fall Conference and/or you're new to MN-DONA!

Sponsored Events!

See Times and Sponsors on following page

DJ and Photo Booth

Leading Age MN Cabin Party

Bracelet Making Activity

Mimosas & Bloody mary bar

Karaoke

2023 DON of the year award

We will again be awarding the DON of the Year award on Thursday!

Fall Conference Scholarship

For the first time, our \$500 sponsor-provided scholarships will go toward helping DONs and other Nurse Leaders attend Fall Conference that otherwise couldn't!

Recipients will be announced by August 31, please wait to register if you apply.

Deadline August 24 <https://www.mndona.org/download/45/public-documents/3620/mn-dona-fall-conf-sponsor-scholarship-application-2023.pdf>

40th MN-DONA Fall Conference

Oct 11-13, 2023

Breezy Point Resort, MN

Wednesday, October 11

10:45am Registration Opens

11:00am – 12:00pm Committee Meetings (open to all members)

12:00 pm – 12:15 pm First Timers Orientation

12:30 pm – 1:45 pm (AL/SNF) Mental Health/PTSD/Trauma Informed
1.25 CEU - Dr. Tim Peterson, Rural Psychiatry

Course description to come

2:00 pm – 3:30 pm Alcohol/Substance Use/Edibles - 1.5 CEU
Rob Rode and Kari Everson (LeadingAge MN)

When the new Assisted Living statutes and rules became effective in August 2021 the process for facility-initiated transfers, discharges, and contract terminations and non-renewals became more complex and difficult for assisted living organizations. This has only been confounded by much misinformation from various sources in the community. These processes become more manageable with a working knowledge of the statutory requirements and understanding of the provider's options.

3:40pm – 4:40pm District Meetings - 1 CEU

4:30pm-6:00pm Exhibits Open (34 exhibits out of 56 registered as of 8/3/2023)

6:00pm-7:30pm Wednesday Night Dinner DON of the Year Award and Scholarships

7:30pm - 11:30pm DJ and Photo Booth sponsored by Senior Care Solutions, Custom Medical Solutions and Guardian Pharmacy

8:30pm LeadingAge MN Cabin Party sponsored by McKesson Medical-Surgical

Thursday, October 12

9:00am - 10:15am Breakout Sessions

1. MDS Update – Colleen Toebe, Pathway Health - 1.25 CEU

This informational session will be on balancing the changes and challenges affecting long term care. The year 2023 will be remembered by the monumental regulatory changes directly affecting the long-term care organizations. Transformational changes include: the end of the public health emergency, the implementation of an updated resident assessment instrument focusing on social determinants of health (SDOH), enhancements to the Five Star Quality Program, and new measure added to both the quality reporting program and value-based purchasing.

2. Mental Health of Staff/Residents – Dr. Tim Peterson – 1.25 CEU

Course description to come

10:15am- 11:45am Exhibits Open, Mimosa/Bloody Mary bar sponsored by Sterling LTC and AHI

(Continued...)

Thurs. Oct. 12 cont.

11:45am to 1:00pm Breakout Sessions

1. SNF ICAR – Enhanced Barrier Precautions (MDH) - Tammy Hale - 1.25 CEU

This session will explore infection prevention and control efforts to reduce the spread of multidrug-resist organisms (MDROs). An important intervention to decrease resident risk of becoming colonized or developing an infection includes Enhanced Barrier Precautions (EBP). Measures to ensure proper implementation of EBP include staff education, resources, supplies and auditing of adherence and will be outlined.

2. AL Termination and Discharges - Rob Rode & Kari Everson - 1.25 CEU

Apparently you can't spell healthcare without "THC" or "ETOH". Effectively dealing with resident alcohol use and abuse remains a frequent issue we all face. With the governor's signature, cannabis use, possession, and home cultivation by Minnesotans 21 and older became legal on August 1. Legalization of recreational cannabis and cannabis products creates clinical, operational, and legal questions for healthcare organizations. Our settings are faced with navigating complex situations often with differing medical, personal, and ethical opinions. Knowing how we can respond to questions and concerns and navigate potential safety and compliance issues will help us work with residents, families, and staff in supporting successful individualized resident care.

1:00pm Lunch

1:00pm-5:30pm Break

2pm-3pm Bracelet-making activity

5:30pm Reception

6:00pm-7:30pm Take a Chance on Education raffle and President's Speech

9pm- 1am Karaoke Sponsored by St. Croix Hospice, Handi Medical and Essity/TENA

Friday, October 13

9:00am- 10:15am (AL & SNF) Difference between Guardians, Medical Power of Attorney, etc.

Marit Peterson - 1.25 CEU

Description to come.

10:30 - 11:45 – Breakout Sessions

1. MDH SNF Survey - Sarah Grebenc 1.25 CEU

Nursing Home Survey Updates

2. MDH AL Survey - Daphne Ponds and Amy Hyers 1.25 CEU

Assisted Living Survey Updates

11:45am Event ends

CEUs total: 8.75 (Pending approval by BELTSS)

ACCREDITATION

Application will be made to the Minnesota Board of Executives for Long Term Services and Supports (BELTSS) for 8.75 clock and contact hours that meet the Minnesota Board of Nursing's continuing education criteria.

CANCELLATIONS

Written notice of cancellations received by September 25, 2023 will be charged a \$35 administrative fee and the balance will be refunded. Cancellations received after this date may be refunded on a case-by-case basis.

Cancellations should be emailed to sarah@bestmeetings.com

REGISTRATION

MN-DONA Members	\$250/person on or before September 25, \$275/person after September 25
Non-Members	\$340/person on or before September 25, \$365/person after September 25

The registration fee includes all educational programs, materials and the exhibits. Mail or email your registration (page 6 of this brochure) along with payment to the address on the registration form or use the [Online Registration Form](#)

Join MN-DONA and save \$10

To receive the best value if you are not currently a member, pay the member rate for the conference by signing up for MN-DONA membership on the registration form and include your dues payment with your registration fee. As a special thank you for your membership, you will receive \$10 off the regular yearly membership fee and will pay only \$250 or \$275 for late registration. Our membership benefits are numerous! Please [see our brochure](#) for a complete benefits listing.

COMMUTER INFORMATION

If you are not staying at Breezy Point, you can order meals by completing the Breezy Point Registration form (page 5 of the brochure) and circling the meals you would like to purchase in the Commuter Section.

Please mail, email or fax the Breezy Point form and payment directly to Breezy Point at the address on the form.

If you would like to carpool to the conference, and/or share a room at Breezy Point, please check with your District Rep. A list of the District Reps and contact information is available on www.mndona.org. Click on the Home tab at the top of the webpage and select Board of Directors. If you don't know your District number, email sarah@bestmeetings.com or call (800) 958-8875.

PURPOSE & TARGET AUDIENCE

To deliver up-to-date content that is appropriate to nurse leaders providing services in the full healthcare spectrum of elder care. Content will reflect new regulations and strategies pertinent to them. Target audience - DONs, Assistant DONs, and RN Leaders working in elder care.

ACCOMMODATIONS

Use the Breezy Point Resort reservation form (page 8) to make your arrangements for accommodations. Please make your reservation by 5:00 pm on **September 20, 2023 directly with Breezy Point**. If you have any questions, please email Breezy Point Resort at groups@breezypointresort.com. Check-in time is 5:00 pm on the day of arrival.

QUESTIONS

Call the MN-DONA office at 800.958.8875 or email sarah@bestmeetings.com



THANKS TO OUR EXHIBITORS! (As of August 9, 2023)

Advanced Health Institute	Guardian Pharmacy	Neurocrine Biosciences
Apollo Corporation	Hanger Medical	NW Respiratory Services
Behavioral Care Solutions	Handi Medical	Pathway Health
Bluestone Therapy	Impact Medical	Penner Bathing
Corner Home Medical	LeadingAge Minnesota	Pfizer
Custom Medical Solutions	Lotus Pharmacy	Rural Psychiatry
Dispatch Health Imaging	McKesson Medical-Surgical	RxCare Assurance
DTN Staffing	Medtrition & Simply Thick	St. Croix Hospice
Elim Preferred Services	Med-Mizer	Sterling LTC Pharmacy
Essity	Myriad - Genesight	Stratis Health
Euvoia	Moments Hospice	Tapestry Health
Geritom Medical		Thrifty White Pharmacy

**MN-DONA would like to recognize and say
thank you to these 2023 sponsors!**

GOLD SPONSOR

Thrifty White Pharmacy

SILVER SPONSOR

Elim Preferred Services

BRONZE SPONSORS

Acadia Pharmaceuticals
Guardian Pharmacy
LeadingAge Minnesota

Lotus Pharmacy
McKesson Medical-Surgical
Pathway Health

See mndona.org/sponsors for a full list of sponsors and contact information.

**Thanks to the MN-DONA District III
Planning Committee!**

Chairs: Nola Smith and Leah Lee

Heather Nelson Kristine Rogers Lori Olson
Nicole Rupp Lori Roers

CONFERENCE REGISTRATION FORM



“Long Term Care - The Future Is Us” - October 11-13, 2023, Breezy Point Resort

If paying by credit card please register online at: <https://mndona.ticketspice.com/mn-dona-fall-conference-attendee-reg2023>

Or visit mndona.org to access registration link.

Please type or print clearly.

First Name Last Name First Name on Badge

District number (MN-DONA members only)

Title

Employing Organization

Business Address City State Zip

Phone Cell Email

Please indicate any special needs (dietary, access, etc.):

Please check which breakout sessions you plan to attend, *one for each time slot.*

Thurs, Oct 12, 9am-10:15am	Thurs, Oct 12, 11:45am-1pm	Fri, Oct 13, 10:30am-11:45am
<input type="checkbox"/> MDS Updates	<input type="checkbox"/> SNF ICAR - Enhanced Barrier Precautions	<input type="checkbox"/> MDH SNF Survey
<input type="checkbox"/> (AL & SNF) Mental Health of Staff/ Residents	<input type="checkbox"/> AL Termination and Discharges	<input type="checkbox"/> MDH AL Survey

Will you be attending the Bead Bracelet Making Activity on Thursday 2pm-3pm? Yes No

Are you a first time Fall Conference attendee? Yes No

Are you an Assisted Living RN in a leadership position? Yes No

Please check which type of registration:

Early Bird (on or before September 25): Member \$250 Non-Member \$340

Join and save \$10 I would like to join MN-DONA and pay the member rate for the conference. I have included the discounted membership fee of \$140 with my registration of \$250 for a total payment of \$390. Yes

Late Registration (after September 25): Member \$275 Non-Member \$365

Join and save \$10 I would like to join MN-DONA and pay the member rate for the conference.

I've included the discounted membership fee of \$140 with my registration

Cancellations: Written notice of cancellation of your conference registration must be emailed to sarah@bestmeetings.com by September 25, 2023. A \$35 administrative fee will be charged and the balance will be refunded. Cancellations received after this date may be refunded on a case-by-case basis.

Registration fee includes the education programs, materials and the exhibits.

Please make checks payable to **MN-DONA** and mail them with this form to:
MN-DONA, 2626 E. 82nd Street,
Ste 270, Bloomington, MN 55425
Or email your form to Sarah Berkner at sarah@bestmeetings.com or fill out the online form



*** NO RESERVATIONS TAKEN WITHOUT THIS FORM ***
NO Phone Reservations Will Be Taken!

MN DIRECTORS OF NURSING

October 11-13, 2023

PREFERRED LODGING HELD UNTIL: September 11, 2023

PLEASE WRITE LEGIBLY!

NAME: _____

COMPANY NAME: _____

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

DAYTIME PHONE: _____

CELL PHONE: _____

E-MAIL: _____

SPECIAL REQUEST: (dietary, handicap, & etc...)

ADVANCE DEPOSIT: FULL PACKAGE PRE-PAYMENT
 (Required to guarantee reservation)

TOTAL PRE-PAYMENT AMOUNT: \$ _____

PAYMENT TYPE:

CHECK = Mail with this reservation form
 P.O or VOUCHER = Resort needs copy on file
 CREDIT CARD = debited upon receipt of this form
 (Visa, MC, American Express & Discover)

CARDHOLDER NAME: _____

Signature: _____

CARD # _____

EXP DATE: _____

To view room types - please go to this web-site:
<http://www.breezypointresort.com/vacation/lodging/index.html>
Multi bedroom cabins/condos? Email for Availability

Please number your preference 1,2,3.

2 nights:	<u>SINGLE</u>	<u>DOUBLE</u>	<u>TRIPLE</u>	<u>QUAD</u>
_____ BREEZY INN	528.00	380.00		
_____ LODGE APARTMENTS	528.00	380.00		
_____ BREEZY CENTER	528.00	380.00		
_____ 2-bedroom Cabin/Condo	N/A	528.00		380.00
_____ 3-bedroom Cabin	N/A	N/A	528.00	
_____ 4-bedroom Cabin	N/A	N/A		528.00

*PACKAGE INCLUDES: 2-Nights Lodging (Weds & Thurs)
 6 Meals, Meeting Breaks, Meeting space, Resort Service Charge & Sales Tax. Golf is available at a discounted rate. Package rate is Per Person!*

*** For a one night rate.... Divide rate by 2 ***

ROOMMATE (s) : _____

****Please, send all reservation forms together.** (If not received together, Breezy Point Resort cannot guarantee your specific requests)**

CANCELLATION POLICY: * 30-DAY CANCEL REQUIRED *

* **NO refunds** given for cancellations received after September 11, 2023 or for No-shows

* \$25 service charge for cancellations is non-refundable

COMMUTERS: (NON-OVERNIGHT GUESTS) For guests *not staying* at Breezy Point Resort, meal tickets may be purchased. Indicate # of each ticket or the full meal package.

* **Include full pre-payment with this form**
 * Prices include service charge & sales tax
 * **Sorry, no refunds available for commuter meals.**
 * Pick up tickets at Front Desk

INDIVIDUAL MEALS:

_____ Wed Dinner.. \$42.00	
_____ Thu Breakfast...\$22.00	_____ Thu Lunch \$35.00
_____ Thu Dinner...\$42.00	_____ Fri Breakfast \$22.00
_____ Fri Lunch...\$20.00	

FULL MEAL PACKAGE: \$183.00 per person
 Includes: Weds Dinner; Thurs Breakfast, Lunch & Dinner; Friday Breakfast & Lunch, Service charge & Tax.

TOTAL for Commuter Meals \$ _____

After your reservation has been processed, you will receive an email confirmation from Breezy Point Resort.

QUESTIONS or to EMAIL FORMS
 e-mail: groups@breezypointresort.com

MAIL completed forms:
 Breezy Point Resort
 9252 Breezy Point Drive
 Breezy Point, MN 56472

PLEASE ONLY SEND FORM ONCE!