34th ANNUAL
Long Term Care -
The Future Is Us

October 11-13, 2017
Breezy Point Resort
Breezy Point, Minnesota

Planned by MN-DONA Lakes Area Directors of Nursing,
MN-DONA District III
Welcome Assisted Living Nurse Leaders!

Welcome to the 34th Annual MN-DONA-The Future is Us Fall Conference for nurse leaders in Long Term Care. The Fall Conference Committee has collected some hot topic issues and have arranged great speakers to explain it all. We hope that this conference offers you the opportunity to get away from the day to day and offers you time to reflect on your personal and professional goals. MN-DONA is pleased that you, as nurse leaders, who provide the full spectrum of elder care, can join us.

On Wednesday, we will begin our program with the dreaded rules of participation presented by Judi Kulus. She will help navigate through some key points of the rules and offer advise on how to apply them. For our Assisted Living members, we are having Rob Rode present “Electronic Surveillance, Risk management and AL survey”. Our Keynote speaker on Wednesday evening is Dr. Jermaine Davis presenting “Influencing up, down and across your organization.” He will review how to build and maintain positive workplace relationships by using proven communication principals.

Following our morning breakout sessions on Thursday we will have our traditional "Wellness Break." This is your time to relax and do something just for YOU! Visit with old and new friends, shop, golf, or explore the Breezy Point area. New this year the conference is offering Art Bar 39 paint and sip. This is for the experienced or first-time painter. We encourage everyone to give it a try. Join us for the fun! Further details provided within the brochure. We will reconvene on Thursday evening for dinner and a presentation by Tammy Hale with the Infection Control Assessment and Response finding with LTC facilities. Following the presentation, we invite all the districts to meet and join us in a team building activity. Are you up for the challenge?

Friday morning our program continues as we discuss “recruitment and retention” with Liz Sether and Adam. As a closing key note speaker, Brenda Elsagher will present “Lessons, Life, and Laughter, Embracing the Stories Within Us.”

Thank you for taking the time out of your busy lives to learn and share your knowledge and experience with each other. We hope that you can return to your facilities to use that knowledge to provide high quality patient care. Have fun, relax and enjoy your time at the 34th Annual Fall Conference!

Nicole Eisel-Rupp
Wednesday, October 11, 2017

11:00 a.m.  Committee Meetings (Box Lunch available for members who RSVP to the MN-DONA office by Sept. 22nd)
11:30 a.m.  Registration Opens
12:00 p.m. - 1:00 p.m.  First Timers Orientation
1:00 p.m. - 4:00 p.m.  “Mega Rule and the Facility-Wise Assessment”
Judi Kulus, VP of Curriculum Development, American Association of Directors of Nursing Services
The November 28 deadline is fast approaching, and getting your team in compliance with the Mega Rule’s Phase 2 requirements and the new Interpretive Guidelines is likely heavy on your mind. The new requirement of the Facility-Wide Assessment (FWA) reaches almost every clinical and operational practice within your facility. The focus of this session will be how sufficient and competency-based staffing, infection prevention and control programs, antibiotic stewardship programs, resident rights, discharge planning, baseline care planning, and additional Phase 2 requirements is at risk with an ill-prepared FWA. The DON is one of the required leaders in the development of the FWA, which can meaningfully drive resident focused care, budget controls, and quality outcomes. Additionally, we’ll discuss action steps needed to be ready by November 28. In this session, we’ll review these important requirements and connect them to the newly revised survey process and F-Tags. You’ll come away better equipped to lead your teams.

1:00 p.m. - 4:00 p.m.  “Granny Cams, Animals, Scooters and AL Surveys—Oh My! Lead Your Team Down the AL Yellow Brick Road of Risk Management and Safely Return Home.”
Rob Rodé, Attorney, Partner, Voigt, Rodé & Boxeth, LLC
This is an interactive lecture that delivers attendees knowledge and best practices to navigate the many complicated “hot” issues they face on a daily basis with risk management using case studies and incorporating group discussion. Mr. Rodé will share his knowledge and experiences in development, implementation and monitoring of an effective risk management program to best protect residents, providers and the licensed health care professionals involved.

4:00 p.m. - 6:15 p.m.  Visit the Exhibits/Reception
6:15 p.m. - 7:45 p.m.  Dinner, Scholarship Awards and Nursing Director of the Year Award
7:45 p.m. - 8:45 p.m.  Keynote Presentation: “Influencing Up, Down and Across Your Organization”
Jermaine Davis, Certified Professional Speaker, Jermaine M. Davis Seminars & Workshops Inc.
Are you a person of influence? Did you know, 85% of your success in life and work is determined by your ability to get along with others? Can you get your point across without appearing aggressive, arrogant, or annoying? Can you quickly assess a situation and adapt your message to accomplish your communication goals?

In his engaging presentation, Dr. Jermaine Davis will share his latest research on how leaders and managers can use the principles of influence to drive team and organizational success. This presentation is based on Dr. Jermaine’s bestselling book, Leading with Greatness! Moving from Chaos and Conflict to Communication and Cooperation. Get ready to laugh, learn, and of course have FUN!

“Take a Chance on Education”
(Proceeds fund nursing scholarships in 2018)
Your kindness in donating items for our nursing scholarships is so appreciated! Again this year we will have drawings for donated prizes. Our goal is to have 50 items donated by YOU, to be raffled off Thursday night. Ideas for items you could donate include things you think nurse leaders would like to have. Nothing is too small or too big. Some examples would be a great book, wine, crafts, homemade canned goods, candles, jewelry, quilts, a basket of items, etc. Please bring your donation to the registration table when you arrive. Everyone will have a chance to buy tickets from the MN-DONA Board members on Wednesday and Thursday to “Take a Chance” to win the wonderful prizes. Thank you!
Thursday, October 12, 2017

8:30 a.m. - 9:45 a.m.  “Aging and Cultural Diversity”
Vera Ndumbe, Vice President of Spring Valley Living
Peggy Solberg, President of Spring Valley Living
This program provides practitioners in skilled nursing the basic understanding of cultural diversity in long term care and further expands on the relationship between aging and cultural diversity with strong emphasis on racial discrimination. Speakers will be interactive with the audience and use common sense practices to describe strategies for managing issues related to racial discrimination.

8:30 a.m. - 9:45 a.m.  “Foundations of an Antibiotic Stewardship Program”
Kristi Wergin, Program Manager, Stratis Health
The new Reform of Requirements for Long-Term Care Facilities instructs all skilled nursing facilities to have an antibiotic stewardship program in place by November 28, 2017. This session will review the importance and intention of antibiotic stewardship for resident safety and define the core elements of a nursing home antibiotic stewardship program.

8:30 a.m. - 9:45 a.m.  “QAPI for Resident Quality of Life”
Karolee Alexander, Director of Clinical and Reimbursement Consulting, Pathway Health
Helping our residents and tenants achieve Quality of life is critical to their overall well-being. This class will review the principals of QAPI and explore techniques to apply QAPI to improve activities and dining services. We will discuss both Facility Level and Resident Level QAPI techniques and engage in small group exchanges of ideas for QAPI focused on Activities and Resident Dining.

9:45 a.m. - 11:15 a.m.  Break/Visit the Exhibits

11:15 a.m. - 12:30 p.m.  “Developing/Enhancing your Antibiotic Stewardship Program”
Kristi Wergin, Program Manager, Stratis Health
This session will focus on the practical aspects of developing or enhancing your antibiotic stewardship program. During this interactive session, you will utilize tools and review resources to help your team develop and enhance your antibiotic stewardship program. We’ll look at ways to monitor antibiotic use and resistance and engage your team, additional staff and residents/families as well as how to implement other core elements.

11:15 a.m. - 12:30 p.m.  “Emergency Preparedness Plan”
Seth Jones, Regional Healthcare Preparedness Coordinator, HCMC
Providing guidance and resources to LTC facilities regarding emergency preparedness.

11:15 a.m. - 12:30 p.m.  “Staff Training in Assisted Living: How to Get It All Done”
Michelle Klegon, Attorney, Klegon Law Office, Ltd.
Home care providers continue to struggle with meeting all of the training and competency requirements identified in the home care law. There are general orientation requirements, annual training requirements, training staff to specific services to be provided to individual clients, etc. How do you keep it all straight and make sure everyone has been trained? This session will review the various home care training requirements for supervisors and staff. It will also address staff training requirements identified in other areas of the law, such as the housing with services law. The speaker will offer tips on best practices as they relate to training staff, meeting documentation requirements and satisfying regulatory requirements.

12:30 p.m.  Lunch Buffet
12:30 p.m. - 5:30 p.m.  Wellness Break - “Me Time”
This is your time to enjoy the many options available, like The Serenity Spa, golf, tennis, boating, shopping, swimming, or a good book. Great shopping is available in Pequot Lakes (4.5 miles from Breezy Point Resort) and Nisswa (13 miles from Breezy Point Resort). Be sure to invite others to join you!

1:00 p.m. - 3:30 p.m.  Paint and Sip - Join in on this fun activity! An artist will be there to guide you step by step to help create a painting while socializing and sipping on the beverage of your choice. Whether you’ve never painted before or are a veteran in painting, it is fun for all! Fee is $35 and you get to keep your painting!

5:30 p.m.  Reception
6:00 p.m. - 7:30 p.m.  Dinner, MN-DONA Scholarship Awards, Take a Chance on Education Results and District Meetings

7:30 p.m. - 8:30 p.m.  “Overview of the Infection Control Assessment and Response (ICAR) Program”
Tammy Hale, Nurse Specialist/ICAR, MN Department of Health
The Infection Control Assessment and Response (ICAR) program is a CDC-sponsored program focused on supporting state-driven efforts to improve infection prevention and control capacity. This session will discuss the ICAR assessment domains, common identified gaps, and available resources to assist in strengthening infection prevention and control programs. Participants will also learn how the ICAR team of Nurse Specialists provide ongoing, individualized support to healthcare facilities.
Workforce challenges are for real and if a provider has not experienced this already get ready because the shortage will impact all healthcare providers. While the emphasis of the current practice of human resources management has been on attracting and hiring new employees, less or little attention has been on retention or succession planning. Implementation of a strategic plan for human resources is essential to gain a sustainable competitive advantage while reaching established work force goals and growth.

She knows about the issues managers face with the demands of a career perhaps while dealing with tikes, teenagers, and empty nesting while feeling the responsibilities of aging parents, money, up and down weight, stress and in-laws... and tackles them with good, clean humor.

She'll talk about some of her experiences from the patient’s perspective that will keep you in stitches. With diversity in her family, life is never dull and she celebrates differences yet finds commonalities around the world through humor. A Certified Humor Professional, Brenda brings a genuine, positive message, and reminds us that each day has only 24 hours. What we do with each hour can change not only our life; but the people we come in contact with daily. A good laugh, a friendly smile, and some personal nurturing will go a long way.

You can visit http://breezypointresort.com/serenity-spa/ to check out their menu of services.
Application has been made to the Minnesota Board of Examiners for Nursing Home Administrators for 10.5 clock hours and 13.2 contact hours that meet the Minnesota Board of Nursing’s continuing education criteria.

Written notice of cancellation of your conference registration must be received by September 19, 2017. A $30 administrative fee will be charged and the balance will be refunded following the Conference. Cancellations should be emailed to cathy@bestmeetings.com or faxed to 952.858.8950. The Department of Health has told MN-DONA that they will not conduct surveys during our conference! Re-surveys may still occur.

Call the MN-DONA office at 952.858.8875 or 800.958.8875 or email to cathy@bestmeetings.com

The registration fee includes all the educational programs, materials, and the exhibits. Mail your registration (page 9 of this brochure) along with payment to the address on the registration form or go on-line to www.mndona.org.

To receive the best value, pay the member rate for the conference by signing up for MN-DONA membership on the conference registration form and include your dues payment with your registration fee. As a special thank you for your membership, you will receive $10 off the regular yearly membership fee and will pay only $100. The benefits of membership are numerous! Please access the MN-DONA website at www.mndona.org for a complete benefits listing.

If you are not staying at Breezy Point, you can order meals by completing the Breezy Point Registration form (page 6 of the brochure) and circling the meals you would like to purchase in the Commuter Section. Please mail or fax the Breezy Point form and payment directly to Breezy Point at the address on the form.

If you would like to car pool to the conference, please check with your District Representative. A listing of the District Reps and contact information is available on the MN-DONA website, http://www.mndona.org. Click on the Home tab at the top of the web page and select Board of Directors. If you don’t know your District number, email cathy@bestmeetings.com or call 952-858-8875 / 800-958-8875.

To deliver up-to-date content that is appropriate to nurse leaders providing services in the full healthcare spectrum of elder care. Content will reflect new regulations and strategies pertinent to them. Target audience - DONs, Assistant DONs, RN Leaders working in elder care.

Use the Breezy Point Resort reservation form (page 6 of this brochure) to make your arrangements for accommodations. Please make your reservation by 5:00 p.m. on September 19, 2017 directly with Breezy Point. If you have any questions, please email Breezy Point Resort at groups@breezypointresort.com. Check-in time is 5:00 p.m. on the day of arrival.

If you would like to share a room at Breezy Point, please check with your District Representative. A listing of the District Reps and their contact information is available on the MN-DONA website, http://www.mndona.org click on the Home tab at the top of the web page and select Board of Directors. If you don’t know your District number, email cathy@bestmeetings.com or call 952-858-8875 / 800-958-8875.
MN DIRECTORS OF NURSING  
October 11-13, 2017

PREFERRED LODGING HELD UNTIL: September 19, 2017. If Breezy Point Resort runs short of lodging space they will contact you with alternate lodging information.

Please write legibly!

NAME: ____________________________________
COMPANY NAME: ____________________________________
STREET: ____________________________________
CITY: ____________________________________ STATE: _____ ZIP: _______
DAYTIME PHONE: ______________________
CELL PHONE: ______________________
E-MAIL: ______________________

SPECIAL REQUEST: (dietary, handicap, & etc…)
________________________

Advance deposit: FULL PACKAGE PRE-PAYMENT
(Required to guarantee reservation)

TOTAL PRE-PAYMENT AMOUNT: $________________________

Payment type:
CHECK = Mail with this reservation form
P.O or VOUCHER = Resort needs copy on file
CREDIT CARD = debited upon receipt of this form
(Visa, MC, American Express & Discover)

CARDHOLDER NAME: ____________________________________
Signature: ____________________________________
CARD # __________________________
EXP DATE: ____________

After your reservation has been processed, you will receive an email confirmation from Breezy Point Resort.

Questions or to email forms
Mary’s e-mail: mmorris@breezypointresort.com

* NO RESERVATIONS TAKEN WITHOUT THIS FORM *
* NO Phone Reservations Will Be Taken!*

To view room types – please go to this web-site: http://www.breezypointresort.com/vacation/lodging/index.html

Please circle and number your preference!

<table>
<thead>
<tr>
<th>2 nights:</th>
<th>SINGLE</th>
<th>DOUBLE</th>
<th>TRIPLE</th>
<th>QUAD</th>
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<tbody>
<tr>
<td>BREEZY INN</td>
<td>410.00</td>
<td>280.00</td>
<td></td>
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<tr>
<td>LODGE APARTMENTS</td>
<td>410.00</td>
<td>280.00</td>
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<tr>
<td>2-bedroom Cabin/Condo</td>
<td>N/A</td>
<td>410.00</td>
<td>280.00</td>
<td></td>
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<tr>
<td>3-bedroom Cabin</td>
<td>N/A</td>
<td>N/A</td>
<td>410.00</td>
<td></td>
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<tr>
<td>4-bedroom Cabin</td>
<td>N/A</td>
<td>N/A</td>
<td>410.00</td>
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<tr>
<td>PACKAGE INCLUDES: 2-Nights Lodging (Weds &amp; Thurs)</td>
<td>6 Meals, Meeting Breaks, Meeting space, Resort Service Charge &amp; Sales Tax. Golf is available at a discounted rate.</td>
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</table>

Roommate(s): Please, send all reservation forms together. (If not received together, Breezy Point Resort cannot guarantee your specific requests)

Cancellation policy: * 21-DAY CANCEL REQUIRED *
* NO refunds given for cancellations received after September 19, 2017 or for No-shows
* $25 service charge for cancellations is non-refundable

Commuters: (NON-OVERNIGHT GUESTS) For guests not staying at Breezy Point Resort, meal tickets may be purchased. Indicate # of each ticket or circle the full package.

* Include full pre-payment with this form
* Prices include service charge & sales tax
* Sorry, no refunds available
* Pick up tickets at Front Desk

Individual Meals:
- Wed Dinner...$32.00
- Thu Breakfast...$13.00
- Thu Lunch.... $22.00
- Fri Breakfast...$13.00
- Fri Lunch...$20.00

Full Meal Package: $132.00 per person
Includes: Weds Dinner; Thurs Breakfast, Lunch & Dinner; Friday Breakfast & Lunch, Service charge & Tax.

TOTAL for Commuter Meals $________________________

Mail completed forms:  
Breezy Point Resort  
9252 Breezy Point Drive  
Breezy Point, MN  56472

Fax forms: 
Breezy Point Resort  
218 562 4510

Please only send form once!
Breezy Point Resort

Breezy Point Resort is only 140 miles north of Minneapolis/St. Paul. If you prefer to fly, Breezy Point is just a 30 minute flight from the Minneapolis-St. Paul Airport. Skywest-Delta Connection services the Brainerd Airport with several daily flights.

Driving to Breezy Point: Breezy Point Resort is only 20 miles north of Brainerd/Baxter. Take highway 371 north to Pequot Lakes, go right (east) on County Rd. 11 approximately 5 miles, through the Breezy Point front gate to the Resort Office.

On I-94, going north and west of the cities, take the Clearwater exit (Highway 24) right, across the Mississippi River to Highway 10 west (left), through St. Cloud to Highway 371 (just north of Little Falls) into Baxter. Continue on highway 371 north from Baxter, through Nisswa to Pequot Lakes, go right (east) on County Rd. 11 approximately 5 miles, through the Breezy Point Resort front gate to the Front Desk in the Conference Center.

From Duluth: Take I-35 to Route 210 west to Brainerd.
CONFERENCE REGISTRATION FORM

“Long Term Care -- The Future Is Us” - October 11-13, 2017, Breezy Point Resort
You can register on-line at www.mndona.org

Please type or print clearly.

First Name                                      Last Name                                      First Name on Badge
_______________________________________________________________________________________________________________________

Title

Employing Organization

Business Address                                   City                                State            Zip
______________________________________________________________________________________________________________________

(_____)_________________________     (_____)_________________________     __________________________________________________
Phone                                      Cell                                    Email

Please indicate any special needs (dietary, access, etc.):

______________________________________________________________________________________________________________________

Please check here if you will be: A first time conference attendee   _____

Please check which concurrent sessions you plan to attend, one for each time slot.

<table>
<thead>
<tr>
<th>Wed, Oct 11, 1:00 - 4:00 p.m.</th>
<th>Thurs, Oct 12, 8:30 - 9:45 a.m.</th>
<th>Thurs, Oct 12, 11:15 - 12:30 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ 1 - Mega Rule and the Facility-Wise Assessment</td>
<td>___ 3 - Aging and Cultural Diversity</td>
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<td>___ 5 - QAPI for Resident Quality of Life</td>
<td></td>
<td>___ 8 - Staff Training in AL: How to Get It All Done</td>
</tr>
</tbody>
</table>

Please indicate if you would like to attend the Paint and Wine on Thursday afternoon at 1:00 p.m.   _____ $35

Are you an Assisted Living RN in a leadership position?   _____ Yes   _____ No

Please check which type of registration:   _____ Member $225   _____ Non-Member $300

I would like to join MN-DONA and pay the member rate for the conference. I have included the discounted membership fee of $100 with my registration for a total payment of $325.   _____ Yes   _____ No

Payment Method (please circle):  Check   American Express   Discover   MasterCard   Visa

Card Number_______________________________________________________ Exp. Date____________________________________

Billing Address of Card____________________________________________________________________________________________

Billing Address City, State & Zip Code______________________________________________________________________________

Name of Card Holder________________________________________________ Phone # of Card Holder_______________________

Signature of Card Holder__________________________________________________________________________________________

Email of Card Holder______________________________________________________________________________________________

Please make checks payable to MN-DONA and mail it along with this form to:
MN-DONA
2626 E. 82nd Street, Suite 270
Bloomington, MN 55425-1381
Or fax your form to: Cathy Olsen at 952-858-8950 or email cathy@bestmeetings.com
First Timer Orientation

Will this be your first time at this conference? Please attend our First-Timer Orientation on Wednesday from 12 p.m. - 1 p.m.

Learn all about MN-DONA and what to expect during the conference.